

Dr Agata Podstepska
HCPC Registered Clinical Psychologist & DBT Practitioner

HCPC Registration Number: PYL049200
BPS Membership Number: 530148

DBS check and Professional Indemnity Insurance available upon request
Clean Driving License and vehicle access

Education and Qualifications:

Doctorate in Clinical Psychology (DClinPsy) – University of Surrey
MSc Psychology - University of Westminster
BSc Biomedical Sciences – Queen Mary University of London

Relevant Employment History:

**Senior DBT Practitioner/Clinical Psychologist - Hertfordshire Partnership University
NHS Foundation Trust CAMHS (Current)**

Clinical Psychologist – The Private Therapy Clinic (Current)

Junior Therapist - The Private Therapy Clinic (2020-26)

Trainee Clinical Psychologist – SABP NHS Trust (2023-26)

Assistant Clinical Psychologist – CNWL NHS Trust (2021-23)

Assistant Clinic Manager - The Private Therapy Clinic (2021-23)

Psychology Assistant - The Private Therapy Clinic (2020-23)

Psychology Assistant - Dr Jo Gee Psychotherapy & Online DBT (2021-23)

Additional Training

British Isles DBT Skills Training – Essentials (2021)
QBCheck for ADHD (2022)
Understanding and Applying the SCID-D (DSM-IV) (The Structured Clinical Interview for
Dissociative Disorders) (2022)
APT DBT Skills Training – Essentials (2023)
Open University Open Learn course on Understanding ADHD (2024)
British Isles DBT Skills Foundational Training (2025)