

Agata Podstepska

BPS Membership Number: 530148

DBS check and Professional Indemnity Insurance available upon request
Clean Driving License and vehicle access

Education and Qualifications:

Doctorate in Clinical Psychology – University of Surrey (in progress)
MSc Psychology - University of Westminster
BSc Biomedical Sciences – Queen Mary University of London

Clinical Experience:

Junior Therapist - The Private Therapy Clinic (2020 – Present)

Trainee Clinical Psychologist – Surrey and Borders NHS Trust

Placements:

DBT CAMHS Service (current)
Older People's Recovery and Support Team and Memory Assessment Service
Children and Young People's Learning Disabilities Service
Adult Integrated Recovery Hub (Community Mental Health Team) and DBT Service

Assistant Clinical Psychologist – Central and North West London NGS Trust

Community Mental Health Team, Acute Inpatient Wards and Psychiatric Intensive Care Unit (PICU) (2021- 2023)

Assistant Clinic Manager - The Private Therapy Clinic (2021 – 2023)

Psychology Assistant - The Private Therapy Clinic (2020-2021)

Psychology Assistant - Dr Jo Gee Psychotherapy / Online DBT (2021-2022)

Additional Training

British Isles DBT Skills Training – Essentials (2021)
QBCheck for ADHD (2022)
Understanding and Applying the SCID-D (DSM-IV) (The Structured Clinical Interview for Dissociative Disorders) (2022)
APT DBT Skills Training – Essentials (2023)
Open University Open Learn course on Understanding ADHD (2024)
British Isles DBT Foundational Training (2025)