

Prof. Dr. Ahmed Hankir

MBChB MRCPsych

Honorary Visiting Professor, School of Medicine, Cardiff University, UK

Professor of Academic Psychiatry, Carrick Institute for Graduate Studies, USA

EDUCATION AND QUALIFICATIONS

Degrees and Diplomas

2017 - 2020 Membership of the Royal College of Psychiatrists, Royal College of Psychiatrists, Core Psychiatric Training, Postgraduate, Leeds, Leeds, United Kingdom

Research Training

2019 - 2022 Academic Clinical Fellowship, King's College London, General Adult Psychiatry, Supervisor: Professor Sara Evans-Lacko, London, London, City of, United Kingdom

2016 - 2017 Post-Graduate Certificate of Completion, Harvard Medical School Global Clinical Scholars Research Training Program, Epidemiology and Bio statistics, Boston, Massachusetts, United States

Specialized Training

2019 - 2023 Specialist Registrar, Bethlem and Maudsley Royal Hospital, General Adult Psychiatry, London, London, City of, United Kingdom

Qualifications, Certifications and Licenses

2017 - 2023 Certificate of Completion of Specialist Training issued by the General Medical Council, Health Education England, License, 7136053, London, United Kingdom

APPOINTMENTS

Academic Appointments

2023 - present Assistant Professor, Department of Psychiatry, General, Schulich School of Medicine & Dentistry, Western University

Clinical Appointments

2023 - present Psychiatrist, London Health Sciences Centre, Department of Psychiatry, General

POSITIONS HELD & LEADERSHIP EXPERIENCE

Academic Positions

2023 - 2028 Honorary Visiting Professor, Cardiff University, School of Medicine, Cardiff, Cardiff [Caerdydd GB-CRD], United Kingdom

2020 - present Senior Research Fellow, Centre for Mental Health Research in Association with Cambridge University, Cambridge, Cambridgeshire, United Kingdom

Other Positions

2021 - present Public Engagement and Education Lead, World Health Organisation Collaborating Centre for Mental Health and Human Rights, Institute of Mental Health, Nottingham University, UK, Nottingham, Nottingham, United Kingdom

HONOURS AND AWARDS

Honours

Received

2024 - 2025 2025 American Psychiatric Association Patient Advocacy Award, For being a champion of the rights and needs of persons living with serious mental illness and substance use disorders. I was invited to present a 90-minute lecture at the American Psychiatric Association Annual Meeting in Los Angeles, California where I was also presented with this award. I am the first non-American in history to receive this honour. American Psychiatric Association, Type: Patient Advocacy, International, Los Angeles, United States

2022 World Health Organisation Director General Award for Global Health, World Health Organisation, Type: Distinction, International, Geneva, Switzerland

Trainee

2017 Royal College of Psychiatrists Core Psychiatric Trainee of the Year Award Winner, The RCPsych marks the highest level of achievement in psychiatry in the UK. I was the winner of the 2018 RCPsych Core Psychiatric Trainee of the Year Award. Royal College of Psychiatrists, Type: Distinction, National, London, London, City of, United Kingdom

RESEARCH AND SCHOLARLY ACTIVITIES

Research Endeavours

2023 - 2024 Clinical Trial of a Mobile Phone Application that Utilises CBT Incorporating Islamic Principles in the Treatment of Major Depressive Disorder in Muslim Persons, I am the Academic Supervisor and Principal Investigator of a Clinical Trial of a Mobile Phone Application that Utilises CBT incorporating Islamic Principles in the treatment of MDD in Muslim persons. Designing and developing this intervention was a huge undertaking. We have presented data about the acceptability of this intervention at an international conference in Doha, Qatar. We are now obtaining ethical approval to conduct a clinical trial of this intervention. I have collaborated with colleagues at Qatar University Qatar), King's College London (UK) and Sunway University (Malaysia).

Other Professional Activities

Creative Professional Activity

2024 - 2025 Co-Editor of Psychiatry Textbook, Islamophobia and Psychiatry (Second Edition), Western University, Co-editor of psychiatry textbook, Co-Editor of Psychiatry Textbook, Islamophobia, and Psychiatry: I was a member of a multi-faith editorial team for a psychiatry textbook that will be by Springer. My role included sourcing and editing chapters for the book. Collaborators: Professor John Peteet (Harvard Medical School, USA), Professor Rania Awaad (Stanford University, USA), Professor Steve Moffic (Milwaukee, USA). United States

2023 Book Author, Breakthrough. A Story of Hope, Resilience and Mental Health Recovery, Wiley, Book Author, I am the author of a book entitled, 'Breakthrough. A Story of Hope, Resilience and Mental Health Recovery.'

The main aims of the book are to harness the power of storytelling to humanise persons living with a mental health condition and reject mental health related stigma. My role was to publicise the book, organise book signing events nationally and internationally. I was also contributed to multiple media engagements. London, London, City of, United Kingdom

2022 - 2024 Co-Editor of Psychiatry Textbook, Eastern Religions, Spirituality, and Psychiatry: An Expansive Perspective on Mental Health and Illness, American Psychiatric Association, Co-editor of psychiatry textbook, I was a member of a multi-faith editorial team for

a psychiatry textbook published by Springer. My role included sourcing and editing chapters for the book. New York City, New York, United States

PUBLICATIONS

Peer Reviewed Publications

Journal Article

Published

1. Carrick FR, Hunfalvay M, Bolte T, Azzolino SF, Abdulrahman M, **Hankir A**, Antonucci MM, Al-Rumaihi N. Age- and Sex-Based Developmental Biomarkers in Eye Movements. *Brain Sci*, 2024 Dec 21; 14 (12), **Coauthor**, DOI: 10.3390/brainsci14121288.
2. **Hankir A**, Abi Rached M, Zaman R. Pioneering an Innovative Intervention to Reduce Mental Health Related Stigma in Muslim Communities: A Protocol. *Psychiatr Danub*, 2021 Dec 1; 33 (Suppl 11): 69-73, **Principal Author**
3. Newby S, **Hankir A**, Zaman R. ‘Paris Thin’: The Mental Health of Models. *Psychiatr Danub*, 2021 Dec 1; 33 (Suppl 11): 133-136, **Principal Author**
4. Abi Rached M, **Hankir A**, Zaman R. Patriarchal Upbringing in the 21(st) Century: The Impact Emotional Abuse Related to Parental Styles Has on the Genesis of Gender Inequality and the Development of Unresolved Trauma in Children. *Psychiatr Danub*, 2021 Dec 1; 33 (Suppl 11): 121-132, **Principal Author**
5. **Hankir A**, Fletcher-Rogers J, Ogunmuyiwa J, Carrick FR, Zaman R. Reducing Mental Health Stigma in Medical Students and Doctors towards their Peers with Mental Health Difficulties: A Protocol. *Psychiatr Danub*, 2020 Sep 1; 32 (Suppl 1): 130-134, **Principal Author**
6. **Hankir A**, Tom A, Ibrahim H, Rifai AH, Shahwar D, Youssef A, Azeem MW, Javed A, Imam ZK, Zaman R. A World Psychiatric Association Initiative to Increase Interest in Psychiatry as a Career in Qatar Medical Students: A Pilot Study. *Psychiatr Danub*, 2020 Sep 1; 32 (Suppl 1): 135-138, **Principal Author**
7. **Hankir A**, Mahmood J, Houbby N, Ali S, Carrick FR, Zaman R. Using Experts by Personal and Professional Experience (EPPE) to increase interest in Psychiatry as a Career at Sixth-Form Level. *Psychiatr Danub*, 2019 Sep 1; 31 (Suppl 3): 242-248, **Principal Author**
8. **Hankir A**, Djama D, Lo HY, Carrick FR, Zaman R. A King’s College London Global Health Society Event discussing Global Mental Health to increase interest in Psychiatry as a Career: A Pilot Study. *Psychiatr Danub*, 2019 Sep 1; 31 (Suppl 3): 294-298, **Principal Author**
9. **Hankir A**, Ghosh S, Ali SM, Carrick FR, Zaman R. Leveraging Digital Technology to Challenge Mental Health Stigma in West Bengal: A Protocol. *Psychiatr Danub*, 2019 Sep 1; 31 (Suppl 3): 308-311, **Principal Author**
10. **Hankir A**, Ghafoor S, Abushaala R, Kraria L, Sardar A, Al-Obaidly D, Carrick FR, Zaman R. The Federation of Student Islamic Societies Programme to Challenge Mental

- Health Stigma in Muslim communities in Scotland: The FOSIS Glasgow Study. *Psychiatr Danub*, 2019 Sep 1; 31 (Suppl 3): 312-317, **Principal Author**
11. Zaman R, **Hankir A**, Jemni M. Lifestyle Factors and Mental Health. *Psychiatr Danub*, 2019 Sep 1; 31 (Suppl 3): 217-220, **Coauthor**
 12. Azzolino S, Zaman R, **Hankir A**, Carrick FR. The prevalence of Lyme disease and associated co-infections in people with a chronic post-concussive syndrome. *Psychiatr Danub*, 2019 Sep 1; 31 (Suppl 3): 299-307, **Coauthor**
 13. Carrick FR, **Hankir A**, Zaman R, Antonucci MM, Pagnacco G, Azzolino S, Oggero E. Improvement of Saccadic Eye Movements after Head-Eye Vestibular Motion (HEVM) Therapy and Neuro-Psychiatric Considerations. *Psychiatr Danub*, 2019 Sep 1; 31 (Suppl 3): 318-323, **Coauthor**
 14. Carrick FR, **Hankir A**, Zaman R, Wright CHG. Metrological Performance of Instruments used in Clinical Evaluation of Balance. *Psychiatr Danub*, 2019 Sep 1; 31 (Suppl 3): 324-330, **Coauthor**
 15. Chin RN, **Hankir A**, Zaman R. Gender differences in the portrayals of depressive illness in popular culture: a comparison of literary texts. *Psychiatr Danub*, 2019 Sep 1; 31 (Suppl 3): 632-637, **Principal Author**
 16. Zaman R, Carrick FR, **Hankir A**. Innovative approaches to improving the image of psychiatrists and psychiatry amongst medical students and doctors in the UK. *Psychiatr Danub*, 2018 Nov 1; 30 (Suppl 7): 616-619, **Principal Author**
 17. Carrick FR, Pagnacco G, **Hankir A**, Abdulrahman M, Zaman R, Kalambaheti ER, Barton DA, Link PE, Oggero E. The Treatment of Autism Spectrum Disorder With Auditory Neurofeedback: A Randomized Placebo Controlled Trial Using the Mente Autism Device. *Front Neurol*, 2018 Jan 1; 9: 537, **Coauthor**, DOI: 10.3389/fneur.2018.00537.
 18. McKell C, **Hankir A**, Abu-Zayed I, Al-Issa R, Awad A. Barriers to accessing and consuming mental health services for Palestinians with psychological problems residing in refugee camps in Jordan. *Psychiatr Danub*, 2017 Sep 1; 29 (Suppl 3): 157-163, **Co-Principal Author**
 19. **Hankir A**, Carrick FR, Zaman R. Part I: Muslims, social inclusion and the West. Exploring challenges faced by stigmatized groups. *Psychiatr Danub*, 2017 Sep 1; 29 (Suppl 3): 164-172, **Principal Author**
 20. **Hankir A**, Pendegast H, Carrick FR, Zaman R. The Federation of Student Islamic Societies programme to challenge mental health Stigma in Muslim communities in Ireland: The FOSIS Dublin study. *Psychiatr Danub*, 2017 Sep 1; 29 (Suppl 3): 279-284, **Principal Author**
 21. Linton S, **Hankir A**, Anderson S, Carrick FR, Zaman R. Harnessing the Power of Film to Combat Mental Health Stigma. A University College London Psychiatry Society Event. *Psychiatr Danub*, 2017 Sep 1; 29 (Suppl 3): 300-306, **Principal Author**
 22. **Hankir A**, Zaman R, Geers B, Rosie G, Breslin G, Barr L, Carrick FR, Anderson S. The Wounded Healer film: A London College of Communication event to challenge mental health stigma through the power of motion picture. *Psychiatr Danub*, 2017 Sep 1; 29 (Suppl 3): 307-312, **Principal Author**
 23. **Hankir A**, Zaman R, Lim MF, Lever I, Brothwood P, Carrick FR, Hughes JH, Jones CW. A King's College London Undergraduate Psychiatry Society event to challenge the

stigma attached to psychological problems in healthcare professionals and students. *Psychiatr Danub*, 2017 Sep 1; 29 (Suppl 3): 457-463, **Principal Author**

24. **Hankir A**, Brothwood P, Crocker B, Lim MF, Lever I, Carrick F, Zaman R, Jones CW. 'A Labour of Love': A King's College London Psychiatry Society Event to challenge the stigma attached to mental health problems in post-natal women. *Psychiatr Danub*, 2017 Sep 1; 29 (Suppl 3): 469-475, **Principal Author**
25. **Hankir A**, Khalil S, Wadood Q, Madarbukus D, Yunus HA, Bibi S, Carrick FR, Zaman R. The Federation of Student Islamic Societies programme to challenge mental health Stigma in Muslim communities in England: The FOSIS Birmingham study. *Psychiatr Danub*, 2017 Sep 1; 29 (Suppl 3): 512-520, **Principal Author**
26. **Hankir A**, Carrick FR, Zaman R, Hughes JH. Part II: Muslims perceptions of British combat troops. *Psychiatr Danub*, 2017 Sep 1; 29 (Suppl 3): 173-178, **Principal Author**
27. Carrick FR, Abdulrahman M, **Hankir A**, Zayaruzny M, Najem K, Lungchukiet P, Edwards RA. Randomized Controlled Study of a Remote Flipped Classroom Neuro-otology Curriculum. *Front Neurol*, 2017 Jan 1; 8: 349, **Coauthor**, DOI: 10.3389/fneur.2017.00349.
28. Carrick FR, Clark JF, Pagnacco G, Antonucci MM, **Hankir A**, Zaman R, Oggero E. Head-Eye Vestibular Motion Therapy Affects the Mental and Physical Health of Severe Chronic Postconcussion Patients. *Front Neurol*, 2017 Jan 1; 8: 414, **Coauthor**, DOI: 10.3389/fneur.2017.00414.
29. **Hankir A**, Zaman R. 'Craziness' and creativity: Psychopathology and Poetry. *Psychiatr Danub*, 2015 Sep 1; 27 Suppl 1: S151-4, **Principal Author**
30. **Hankir A**, Carrick FR, Zaman R. Islam, mental health and being a Muslim in the West. *Psychiatr Danub*, 2015 Sep 1; 27 Suppl 1: S53-9, **Principal Author**
31. **Hankir A**, Zaman R. Global strategies targeting the recruitment crisis in psychiatry: the Doctors Academy Future Excellence International Medical Summer School. *Psychiatr Danub*, 2015 Sep 1; 27 Suppl 1: S130-5, **Principal Author**
32. **Hankir A**, Zaman R, Evans-Lacko S. The Wounded Healer: an effective anti-stigma intervention targeted at the medical profession? *Psychiatr Danub*, 2014 Nov 1; 26 Suppl 1: 89-96, **Principal Author**
33. **Hankir A**, Hankir M, Zaman R. Should Ramadan be prescribed after Christmas? Obesity in the healthcare profession and the health benefits of fasting. *BMJ Case Rep*, 2014 Jan 15; 2014, **Principal Author**, DOI: 10.1136/bcr-2013-202704.
34. **Hankir A**, Sadiq A. Lessons from psychiatry in the Arab world--a Lebanese trainee psychiatrist's qualitative views on the provision of mental healthcare services for Palestinian refugees in Lebanon and an interview with a consultant psychiatrist on the effects of the Arab spring on the mental health of Libyans. *Psychiatr Danub*, 2013 Sep 1; 25 Suppl 2: S345-9, **Principal Author**
35. **Hankir A**, Zaman R. Jung's archetype, 'The Wounded Healer', mental illness in the medical profession and the role of the health humanities in psychiatry. *BMJ Case Rep*, 2013 Jul 12; 2013, **Principal Author**, DOI: 10.1136/bcr-2013-009990.
36. Hankir AK, Holloway D, Agius M, Zaman R. 'The verses of madness': schizophrenia and poetry. *BMJ Case Rep*, 2012 Dec 20; 2012, **Principal Author**, DOI: 10.1136/bcr-2012-007499.

37. **Hankir A**, Agius M. An exploration of how film portrays psychopathology: the animated documentary film Waltz with Bashir, the depiction of PTSD and cultural perceptions. Psychiatr Danub, 2012 Sep 1; 24 Suppl 1: S70-6, **Principal Author**
38. Musallam KM, Nasreddine W, Beydoun A, Hourani R, **Hankir A**, Koussa S, Haidar M, Taher AT. Brain positron emission tomography in splenectomized adults with β -thalassemia intermedia: uncovering yet another covert abnormality. Ann Hematol, 2012 Feb 1; 91 (2): 235-41, **Coauthor**, DOI: 10.1007/s00277-011-1291-3.
39. Khoury B, Musallam KM, Abi-Habib R, Bazzi L, Ward ZA, Succar J, Halawi R, **Hankir A**, Koussa S, Taher AT. Prevalence of depression and anxiety in adult patients with β -thalassemia major and intermedia. Int J Psychiatry Med, 2012 Jan 1; 44 (4): 291-303, **Coauthor**, DOI: 10.2190/PM.44.4.a.
40. Musallam KM, Khoury B, Abi-Habib R, Bazzi L, Succar J, Halawi R, **Hankir A**, Koussa S, Taher AT. Health-related quality of life in adults with transfusion-independent thalassaemia intermedia compared to regularly transfused thalassaemia major: new insights. Eur J Haematol, 2011 Jul 1; 87 (1): 73-9, **Coauthor**, DOI: 10.1111/j.1600-0609.2011.01623.x.

Case Reports

Published

1. Hankir AK, Northall A, Zaman R. Stigma and mental health challenges in medical students. BMJ Case Rep. 2014 Sep 2, 2014, **Principal Author**, DOI: 10.1136/bcr-2014-205226.

Journal Article, Review

Published

1. Lim PK, **Hankir A**, Zaman R. Innovative Interventions to Reduce the Stigma Attached to Intellectual Disabilities: A Narrative Review. Psychiatr Danub. 2021 Dec 1, 33. (Suppl 11): p.74-78, **Principal Author**
2. Abi Rached M, **Hankir A**, Zaman R. Emotional Abuse in Women and Girls Mediated by Patriarchal Upbringing and Its Impact on Sexism and Mental Health: A Narrative Review. Psychiatr Danub. 2021 Dec 1, 33. (Suppl 11): p.137-144, **co-author**
3. **Hankir A**, Chariwala Z, Siddique U, Carrick FR, Zaman R. Hajj and the Mental Health of Muslim Pilgrims: A review. Psychiatr Danub. 2019 Sep 1, 31. (Suppl 3): p.290-293, **Principal Author**
4. **Hankir A**, Kirkcaldy B, Carrick FR, Sadiq A, Zaman R. The performing arts and psychological well-being. Psychiatr Danub. 2017 Sep 1, 29. (Suppl 3): p.196-202, **Principal Author**

5. **Hankir A**, Shuaib M, Akthtar S, Ali A, Zaman R. Working in psychiatry in New Zealand: Experiences of International (non-New Zealand) Medical Graduates. *Psychiatr Danub*. 2017 Sep 1, 29. (Suppl 3): p.504-511, **Principal Author**
6. **Hankir A**, Holloway D, Zaman R, Agius M. Cinematherapy and film as an educational tool in undergraduate psychiatry teaching: a case report and review of the literature. *Psychiatr Danub*. 2015 Sep 1, 27 Suppl 1: p.S136-42, **Principal Author**
7. **Hankir A**. Review: bipolar disorder and poetic genius. *Psychiatr Danub*. 2011 Sep 1, 23 Suppl 1: p.S62-8, **Principal Author**

ABSTRACTS

Posters Presented

1. Professor **Ahmed Hankir**, Dr Nawal Yousaf, Results from the Muslims' Perceptions and Attitudes to Self-Management Mental Health Mobile Applications. Implications for Inter-professional Collaboration in Developing Culturally Inclusive Interventions. 2023 Nov 10, Qatar University, Doha, Ad Dawhah, Qatar, **Supervisor**

PRESENTATIONS

Invited Lectures

International

1. **Expert**, 'The Wounded Healer': Harnessing the Power of Storytelling to Reject the Stigma attached to Mental Health Conditions in Healthcare Professionals and Students, Carrick Institute for Graduate Studies, Presenters: Professor **Ahmed Hankir**, 2025 May 23, Orlando, Florida, United States, Continuing Medical Education, Hours: 2, Attendees: 250
2. **Invited Lecturer**, 'The Wounded Healer': Harnessing the Power of Storytelling to Reject the Stigma attached to Mental Health Conditions in Healthcare Professionals and Students, American Psychiatric Association, Presenters: Professor **Ahmed Hankir**, 2025 May 19, Los Angeles, California, United States, 2025 American Psychiatric Association Patient Advocacy Award, Hours: 1.5, Attendees: 500
3. **Expert**, 'Canaries in a coalmine': Islamophobia and Muslim mental health, World Psychiatric Association Caucus on Religion, Spirituality, and Psychiatry, Presenters: Professor **Ahmed Hankir**, 2024 May 13, Hartford, Connecticut, United States, Scientific Presentation, Hours: 1, Attendees: 50
4. **Invited Lecturer**, Experts by Personal and Professional Experience (EPPE): An Innovative Intervention to Reject Mental Health Related Stigma. European College of Neuropsychopharmacology, Presenters: Professor **Ahmed Hankir**, 2023 Oct 1, Barcelona, Barcelona, Spain, Invited to give a lecture about what inspired me to pursue

my career goals with the aim of inspiring others especially early career psychiatrists/psyc,
Hours: 1, Attendees: 50

National

1. **Keynote Speaker**, The Wounded Healer' Harnessing the Power of Storytelling to Reject Stigma and Humanize Persons Living with a Mental Health Condition. National Alliance on Mental Illness New Hampshire Chapter, Presenters: Professor **Ahmed Hankir**, 2025 Mar 26, Concord, New Hampshire, United States, National Alliance for Mental Illness (Registered Charity), Hours: 2, Attendees: 50

Local

1. **Expert**, "The Wounded Healer". Harnessing the Power of Storytelling to Reject the Stigma attached to Mental Health Problems in Medical Students and Doctors. Harvard Medical School Blavatnik Institute, Presenters: Professor **Ahmed Hankir**, 2025 Mar 29, Boston, Massachusetts, United States, Original Research Presentation, Hours: 2, Attendees: 50
2. **Invited Lecturer**, Lebanon and Gaza Under Attack: Coping with Colossal Trauma, University of Oxford Solidaritee Society, Presenters: Professor **Ahmed Hankir**, 2025 Feb 21, Oxford, United Kingdom, Scientific Presentation, Hours: 2, Attendees: 50
3. **Invited Lecturer**, Homeland Under Attack: Coping with Colossal Trauma, Cambridge University School of Medicine, Presenters: Professor **Ahmed Hankir**, 2024 Oct 18, United Kingdom, Scientific Presentation, Hours: 2, Attendees: 100
4. **Expert**, 'Canaries in a Coalmine' Islamophobia and Muslim (Mental Health Migrant and Refugee Mental Health Series), Cambridge University School of Medicine, Presenters: Professor **Ahmed Hankir**, 2024 Oct 18, Cambridge, Cambridgeshire, United Kingdom, Continuing Medical Education, Hours: 2, Attendees: 300
5. **Book Author**, Launching of my book Breakthrough. Yayasan Hasanah, Presenters: Professor **Ahmed Hankir**, 2024 Jun 5, Kuala Lumpur, Selangor, Malaysia, Community Outreach Activity, Hours: 3, Attendees: 200
6. **Invited Lecturer**, Breaking the Stigma of Mental Health can Save Lives. Sunway University, Presenters: Professor **Ahmed Hankir**, 2024 May 28, Kuala Lumpur, Selangor, Malaysia, Original Research Presentation, Hours: 2, Attendees: 50
7. **Expert**, Canaries in a Coalmine: Islamophobia and Muslim Mental Health, Oxford University Hospital UK, Presenters: Professor **Ahmed Hankir**, 2024 May 24, Oxford, Oxfordshire, United Kingdom, Continuing Medical Education, Hours: 2, Attendees: 50
8. **Invited Lecturer**, 'Embracing Diversity Amidst Adversity'. Strategies to Combat Racism and Islamophobia and Support for Gaza Strip. Muslim Wellness Centre Muslim Mental Health Initiative for Network and Development, Presenters: Professor **Ahmed Hankir**, 2023 Dec 3, London, Ontario, Canada, Community Outreach Activity, Hours: 3, Attendees: 50
9. **Invited Lecturer**, Increasing mental health resilience in the context of the humanitarian crisis in Gaza. Muslim Wellness Centre, Presenters: Professor **Ahmed Hankir**, Dr Mohamad Elfakhani, Dr Bilal Salem. 2023 Nov 23, London, Ontario, Canada, Community Outreach Activity, Hours: 2, Attendees: 50

10. **Invited Lecturer**, Increasing mental health resilience in the context of the humanitarian crisis in Gaza. Action for Humanity Charity. Presenters: Professor **Ahmed Hankir**, 2023 Nov 17, London, Ontario, Canada, Community Outreach Activity, Hours: 3, Attendees: 100
11. **Invited Lecturer**, Increasing mental health resilience in the context of the humanitarian crisis in Gaza. Arab Students Association Western University, Presenters: Professor **Ahmed Hankir**, 2023 Nov 11, London, Ontario, Canada, Community Outreach Activity, Hours: 3, Attendees: 50
12. **Expert**, Youth Mental Health, Muslim Association of Canada Westmount Mosque, Presenters: Professor **Ahmed Hankir**, 2015 Jul 19, London, Ontario, Canada, Community Outreach Activity, Hours: 2, Attendees: 50

Plenary Presentations

International

1. **Keynote Speaker**, ‘The Wounded Healer’: Harnessing the Power of Storytelling to Reject Mental Health Related Stigma and Promote Lifestyle Interventions, Munster Technological University and UNESCO and International Association of Adapted Physical Activity, Presenters: Professor **Ahmed Hankir**, 2025 Jun 20, Kerry, Ireland, Scientific Presentation, Hours: 3, Attendees: 200
2. **Keynote Speaker**, ‘The Wounded Healer’: An Innovative Anti-Stigma Intervention Harnessing the Power of Storytelling to Maximize Potential and Performance in Undergraduate and Postgraduate Medical Education Settings. Association for the Study of Medical Education, Presenters: Professor **Ahmed Hankir**, 2024 Jul 12, Warwick, United Kingdom, Original Research Presentation, Hours: 1, Attendees: 500
3. **Keynote Speaker**, Harnessing the Power of Storytelling to Maximise Performance in Undergraduate and Postgraduate Medical Education Settings. Association of the Study of Medical Education, Presenters: Professor **Ahmed Hankir**, 2015 Jul 12, Warwick, Warwickshire, United Kingdom, Original Research Presentation, Hours: 1, Attendees: 500

Student Presentation

Local

1. **Expert**, Humanising Persons Living with Mental Health Conditions through Harnessing the Power of Storytelling, Western University Schulich School of Medicine and Dentistry, Presenters: Professor **Ahmed Hankir**, 2024 Mar 27, London, Ontario, Canada, Original Research Presentation, Hours: 1, Attendees: 100

2. **Expert**, Mental Health Talk Covering Mental Health Stigma, Islamic Students Association Western University, Presenters: Professor **Ahmed Hankir**, 2023 Dec 6, London, Ontario, Canada, Community Outreach Activity, Hours: 2, Attendees: 100

Media Appearance

National

1. **Book Author**, CBC interview about my book Breakthrough, CBC, Presenters: Professor **Ahmed Hankir**, 2024 May 7, London, Ontario, Canada, Community Outreach Activity, Hours: 1, Attendees: 10000
2. **Book Author**, Interview with BBC Radio London about my book Breakthrough, BBC Radio London, Presenters: Professor **Ahmed Hankir**, 2024 Apr 16, London, London, City of, United Kingdom, Community Outreach Activity, Hours: 1, Attendees: 10000

Webinar

International

1. **Facilitator**, Global Launching of World Health Organization Mental Health Policy Guidance which aims to transform mental health policies worldwide. World Health Organisation, Presenters: Professor **Ahmed Hankir**, Dr Tedros, Dr Michelle Funk, 2025 Mar 25, Global launching of WHO Mental Health Policy Guidance, Hours: 2, Attendees: 3000

National

1. **Expert**, 'Canaries in a Coalmine'. Islamophobia and Muslim Mental Health. British Islamic Medical Association, Presenters: Professor **Ahmed Hankir**, 2024 Aug 2, Glasgow, Glasgow City, United Kingdom, Scientific Presentation, Hours: 1, Attendees: 50

Community Outreach Activity

Local

1. **Expert**, Social Media and Mental Health, Muslim Association of Canada Westmount Mosque, Presenters: Professor **Ahmed Hankir**, 2024 Aug 4, London, Ontario, Canada, Community Outreach Activity, Hours: 3, Attendees: 50
2. **Expert**, Youth Mental Health (Family Night Series).
A brief overview of some common mental disorders, how to become more resilience, the importance of improving our lifestyles and rejecting stigma and shame. Muslim Association of Canada Westmount Mosque, Presenters: Professor **Ahmed Hankir**, 2024 Jul 26, London, Ontario, Canada, Community Outreach Activity, Hours: 2, Attendees: 50
3. **Expert**, Youth Mental Health, London Muslim Mosque Islamic School, Presenters: Professor **Ahmed Hankir**, 2024 Jan 10, London, Ontario, Canada, Community Outreach Activity, Hours: 1, Attendees: 100
4. **Expert**, Starting the Year Right. Utilising Tools to Improve Mental Health, Muslim Wellness Network, Presenters: Professor **Ahmed Hankir**, 2024 Jan 1, London, Ontario, Canada, Community Outreach Activity, Hours: 2, Attendees: 50
5. **Expert**, Increasing mental health resilience in the context of the humanitarian crisis in Gaza. Islamic Relief Canada, Presenters: Professor **Ahmed Hankir**, 2023 Dec 5, London, Ontario, Canada, Community Outreach Activity, Hours: 3, Attendees: 250
6. **Presenter**, Coping with traumatic events occurring in Gaza. London Muslim Mosque, Presenters: Professor **Ahmed Hankir**, 2023 Oct 30, London, Ontario, Canada, Community Outreach Activity, Hours: 2, Attendees: 50

Special Events

Local

1. **Book Author**, Launching of my book Breakthrough. Chapters Bookstore, Presenters: Professor **Ahmed Hankir**, 2024 Jun 29, London, Ontario, Canada, Community Outreach Activity, Hours: 3, Attendees: 50
2. **Book Author**, Launching of my book Breakthrough. University College London Unit for Stigma Research, Presenters: Professor **Ahmed Hankir**, 2024 Apr 25, London, London, City of, United Kingdom, Community Outreach Activity, Hours: 3, Attendees: 100
3. **Book Author**, Launching of my Book Breakthrough, Croydon Town Hall, Presenters: Professor **Ahmed Hankir**, 2024 Apr 18, London, London, City of, United Kingdom, Community Outreach Activity, Hours: 3, Attendees: 100

Workshop

National

1. **Facilitator**, “The Wounded Healer”. Harnessing the Power of Storytelling to Reject the Stigma attached to Mental Health Conditions in Medical Students and Doctors. Medical

Schools Council (UK) and Association for the Study of Medical Education, Presenters: Professor **Ahmed Hankir**, 2025 Jul 5, Glasgow, United Kingdom, Continuing Medical Education, Hours: 2, Attendees: 50

2. **Presenter**, ‘The Wounded Healer’. Harnessing the Power of Storytelling to Reject the Stigma attached to Mental Health Conditions in Medical Students and Doctors. British Medical Association, Presenters: Professor **Ahmed Hankir**, 2025 Apr 5, London, United Kingdom, Continuing Medical Education, Hours: 2, Attendees: 50

CPD Rounds

Local

1. **Presenter**, An Innovative Intervention Harnessing the Power of Storytelling to Promote Human Rights and Challenge the Stigma Attached to Mental Health Problems in Healthcare Professionals and Students, Parkwood Institute Mental Health, St. Joseph’s Health Care London, Presenters: Professor **Ahmed Hankir**, 2024 Apr 29, London, Ontario, Canada, Scientific Presentation, Hours: 1, Attendees: 100

Invited Keynote Lecture

International

1. **Keynote Speaker**, The Wounded Healer: Harnessing the Power of Storytelling to Reduce Mental Health Related Stigma in the Workplace and Beyond, Qatar University, Presenters: Professor **Ahmed Hankir**, 2023 Nov 9, Doha, Ad Dawhah, Qatar, Original Research Presentation, Hours: 1, Attendees: 500
2. **Keynote Speaker**, “Case presentations of Community Mental Health Teams (CMHTs) service users & providers: How mental health care should look like, how it can lead to recovery, and how this means different things to different people”

”Human rights and inclusion of people with cognitive, intellectual, and psycho-social disabilities”, World Health Organisation Ukraine Office, Presenters: Professor **Ahmed Hankir**, 2023 Oct 20, Kyiv, Kyiv, Ukraine, The World Health Organisation pioneered an innovative approach to mental health grounded on a human rights framework called QualityRights. I was invit, Hours: 6, Attendees: 500

INNOVATIONS IN TEACHING

Teaching Innovations

Postgraduate

2024 Facilitator, I was invited by the World Health Organization Ukraine Office to deliver a teaching and training session on WHO QualityRights which is an innovative approach to mental health that is grounded on a human rights framework. I delivered this teaching and training session to mental healthcare professionals and students in Kyiv, Ukraine over a 5 day period. Postgraduate, World Health Organization QualityRights Initiative, World Health Organization, Mental Health and Human Rights, Hours: 40, 100, Kyiv, Kyiv, Ukraine

Curriculum Development

Undergraduate

2023 Invited Lecturer to contribute to Curriculum Development at the School of Medicine, Cambridge University, UK, Invited to give an educational lecture entitled, 'Canaries in a Coal Mine: Islamophobia and Muslim Mental Health' to undergraduate students at the School of Medicine, Cambridge University, as part of their Migrant and Refugee Global Health Session. This educational lecture falls under the purview of Equality, Diversity and Inclusion and de-colonising the medical school curriculum. Undergraduate, Migrant and Refugee Global Health Session, Cambridge University, School of Medicine, Hours: 1, 250, 5/5, This educational lecture has been incorporated into the medical school curriculum of Cambridge University. Cambridge, Cambridgeshire, United Kingdom

1982 - 2023 Invited Lecturer to contribute to Curriculum Development at King's College London Dental School, UK, Invited to deliver an educational session entitled, 'The Wounded Healer' about the mental health and well being of undergraduate dental and oral hygiene students. The Wounded Healer is an innovative intervention that blends the power of the performing arts and storytelling to educate students about the importance of mental health, how to prevent mental ill health from arising, breaking down barriers to pastoral support services and rejecting mental health related stigma. The Wounded Healer has been integrated into the undergraduate dental school of King's College London. Undergraduate, Clinical Humanities and Wellbeing Programme, King's College London, Undergraduate Oral Hygiene and Dental Students, Dental School, Hours: 1, 250, 5/5 rating, London, London, City of, United Kingdom

OTHER ACTIVITIES

Other Noteworthy Activities

2024 Author of Medscape Article, I was invited to author an article entitled, 'We Can't Be Made to Feel Like We Don't Matter' which is about the British Government's decision to end funding for a bespoke service that provides mental health support to NHS workers with

mental health difficulties. Due to the backlash and public outrage, the British Government were forced to reverse their decision.

A link to the article can be found below:

<https://www.medscape.co.uk/viewarticle/doctor-we-cant-be-made-feel-we-dont-matter-2024a10009lc>, General Public, N/A, London, London, City of, United Kingdom