

# Emma Matusu



## MEMBERSHIPS

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**International Society of Schema Therapy n. UK78959561**

**The British Psychological Society n. 781177**

**American Psychological Association (APA) n. C2505284457**

## QUALIFICATIONS

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**University College London (UCL)**

MSc Psychological Sciences, The British Psychological Society Accredited, expected graduation 2025

**ISST Schema Therapy Course, Van Genderen Opleidingen B.V.**

01-06/2025

**University of Oxford**

CBT-E training for Eating Disorders, 2024

**University of Oxford**

Psychology of Addictions, training, 2025

**University of Oxford**

Systemic and Family Therapy, training, 2025

## RESEARCH EXPERIENCE

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**Dissertation**

*UCL The Trauma and Mental Health Research Group*

12/2024 – now

Research: How do momentary experiences of current threat and the type of traumatic exposure (interpersonal vs. non-interpersonal) influence PTSD symptom severity in daily life?

**Research Assistant**

*UCL Centre for Behaviour Change Research Lab*

06/2024 – 08/2024

Research: Comfort Loop, investigating the sustainable provision of absorbent hygiene projects (e.g. nappies, period products etc). I was responsible for qualitative data analysis.

**Independent Research – ongoing**

*matusuemma.com*

Topics: *How to Optimize Performance in the Rising AI era, PGD and EMI*

## PROFESSIONAL EXPERIENCE

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**The Private Therapy Clinic**

*Psychological Counsellor, London*

present

**LSE Hedge Fund Society & LSE  
Psychology Society**

*London School of Economics, London*

coaching students, providing them mentoring

06/2024 – now

**JPMorgan Chase**

*Insight Day, London*

In collaboration with Gainuk.org (a non-profit organisation for women investors).

<b>Human Resources Assistant</b> <i>PRK Partners, Prague</i>	06/2023 – 08/2023
<b>Administrator</b> <i>EP Corporate Group, Prague</i>	08/2022 – 09/2022
<b>Innovation Analyst</b> <i>Deloitte, Prague</i>	05/2022 – 07/2022
<b>Event Manager Assistant</b> <i>Forbes CZ&amp;SK, Prague</i>	06/2018 – 08/2020
<b>Intern</b> <i>Family Office, Prague</i>	06/2017 – 08/2019

## VOLUNTEERING

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<b>Psychology Blog</b> <i>www.matusuemma.com</i>	07/2022 – now
<b>Performance Coaching</b> <i>The Junior IB, London</i>	07/2024 – 12/2024
<b>Chief of Staff</b> <i>The Junior IB, London</i>	11/2023 – 12/2023
<b>Hospital U Milosrdných Bratří, Vizovice (CZ)</b>	2018 – 2020
<b>St. Boniface Hospital</b>	02/2018 – 04/2018

## LEADERSHIP EXPERIENCE

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<b>Mind Club Community – leader</b> <i>Apple Podcast, Spotify Podcast – ‘Welcome to Mind, where we discuss the questions only experts can answer.’</i>	active
<ul style="list-style-type: none"> <li>- Podcast discussions held each week with researchers, scientists and experts from psychology related background</li> <li>- 110 student members from UCL, King’s, LSE and Harvard</li> <li>- Hosts included Dr Ty Tashiro, Dr Jamie Shapiro, Dr Mark Houghton, Dr Paul Zak and Dr Bessel van der Kolk etc</li> <li>- Organisation of weekly meditation and yoga sessions using SE exercises</li> </ul>	
<b>Founder &amp; President</b> <i>UAL: Art Business Society, London</i>	06/2023 – 06/2024
<ul style="list-style-type: none"> <li>- Organised diverse events such as art gallery visits, workshops, and talks featuring renowned figures like Sotheby’s Chairman Oliver Barker and Christie’s President Anthea Peers, in collaboration with the London School of Economics.</li> <li>- Orchestrated the largest conference in the University of the Arts societies history, drawing in 200 students and external visitors: managed all aspects of the conference, including grants, sponsorships, a team of 20, PR &amp; Marketing, and financial operations.</li> <li>- Led the strategic direction of the society, resulting in a 100% increase in membership since January 2024.</li> <li>- Fostered ongoing communication with student union officials and ensured compliance with regulatory standards and policies.</li> </ul>	

## SKILLS AND INTERESTS

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**Language:** Czech (Native), English (Fluent), French (Fluent), Chinese (Beginner).  
**Interests:** Ballet, Golf, Ice-Skating, Painting.