

EDUCATION

Royal Holloway, University of London – Doctorate in Clinical Psychology (DClinPsy) (2021-2024)

- Thesis on developing a CBT-informed grounded theory model of coercive control.

University College London – MSc Developmental Psychology and Clinical Practice (2019-2021)

- Grade: Distinction

Jamia Millia Islamia, New Delhi – B.A (Hons) Psychology (2016-2019)

- Grade: First Class Honours
- Research project on standardizing the Ambivalent Sexism Inventory on the Indian population

University of Minnesota (Via Coursera) – Certificate course on 'Introduction to Human Behavioral Genetics' (February - April 2018)

- Grade: 96%

EXPERIENCE

Clinical Psychologist at Westminster CAMHS Neurodevelopmental Team (September, 2024 – Present)

Lecturer at Goldsmiths, University of London (October, 2022 – Present)

Psychologist at Ealing Specialist Older Adult Mental Health Service (June, 2023 – September, 2023)

Trainee Clinical Psychologist at:

- **Tower Hamlets Talking Therapies** (September, 2021 – September, 2022)
- **Tower Hamlets CAMHS** (September, 2022 – April, 2023)
- **Rare Dementia Support, UCLH** (April, 2023 – September, 2023)
- **The Behavioural Insights Team** (September, 2023 – April, 2024)
- **Brandon Centre** (April, 2024 – August, 2024)

Research Officer at Anna Freud National Centre for Children and Families (May – September, 2021)

PUBLICATIONS

- Why We Need a Paradigm Shift: Thoughts from Young Leaders (Luzón, O., Afzali, S., Baribeau, C., Choudhury, A., Haghiran, M., Kirhan, S., and Shaw, H.; Routledge Book Chapter – in press)
- What are women's experiences of coercive control? A qualitative systematic review (Choudhury et al., 2025 – in press)
- Developing a cognitive-behavioural model of coercive control: women survivors' psychological experiences of intimate partner violence (Choudhury et al., 2025 – in press)
- 'What is Change? Developing a typology of therapy outcomes from the experience of adolescents with depression' (Choudhury et al., 2023; <https://doi.org/10.1080/10503307.2023.2179440>)
- 'Agents of change: A vision for psychology through the lens of tomorrow's leaders' (Luzon et al., 2023; <https://doi.org/10.53841/bpspcf.2023.1.363.74>)

- 'Sexism: Bollywood's Item Songs' (Choudhury, 2020; IAHRW International Journal of Social Sciences Review, 8(4-6), 223-228.)

CONFERENCES AND TRAINING

- **British Psychological Society (BPS) Psychology of Women and Equalities Section Annual Conference 2024** – Research Presenter (2024)
- **Excellence in Expert Witness Report Writing** via Bond Solon (2024)
- **Autism Diagnostic Observation Schedule – 2 (ADOS-2)** via AS Directions (2024)
- **Internet-based Psychodynamic Psychotherapy** at the Anna Freud National Centre (2020)

Languages spoken: English, Hindi, Bengali, Assamese