**Education**

* MSc Clinical Psychology, Royal Holloway, University of London, 2021-2022, Grade: Distinction
* BSc (Hons) Psychology with placement, University of Bath, 2017-2021, Grade: Second class honours, first division
* International Baccalaureate, United World College of South East Asia, 2015-2017, Grade: 39 points

**Work Experience**

Senior Assistant Psychologist, The RESET Health Group, 2022-2023

* Designed and implemented a bespoke group psychological intervention (The RESET programme) with clients battling addiction.
* Conducted psychological assessments to determine client suitability for treatment.
* Provided 1-1 client stabilization work using the RESET model both remote and in-person.
* Designed and delivered psychologically and trauma-informed training for healthcare staff.
* Provided regular supervision for an assistant psychologist and two volunteers.
* Undertook service evaluations. Undertook psychometric tests to assess meaningful change and programme efficacy.
* Conducted literature searches to evidence-base the RESET model and devised a proposal. Applied for grants and funding opportunities to expand the business.
* Produced evidence-based blogs targeting clients, NHS directors, and commissioners.
* Worked closely with the marketing manager to produce content for the company's new website.
* Attended networking conferences (eg. NHS Confed Expo) as a delegate.

Assistant Psychologist, The Fitzrovia Psychology Clinic, 2021-2022

* Co-facilitated DBT groups.
* Managed incoming referrals and conducted clinical screenings.
* Signposted clients to the most suitable Clinical Psychologist.
* Managed Fitzrovia’s inbox.
* Created databases for the clinic's referrals.
* Liased with other healthcare professionals, and produced discharge letters for clients GP’s and Psychiatrists.
* Produced evidence-based blogs targeting clients. Managed associates invoices.

Trainee Assistant Psychologist, Woodfield Trauma Service, 2019-2020

* Implemented 1:1 stabilization sessions for clients suffering from C-PTSD.
* Worked closely with Farsi and Arabic speaking interpreters during sessions.
* Facilitated symptom management groups.
* Shadowed clinical assessments and gained understanding of how a tertiary NHS service operates.
* Led the collection of psychometrics assessing psychotic symptoms.
* Input, analysed data, and produced a report.
* Research assistant in the Imagery and Re-scripting trial, administered CAPS-5.
* Conducted literature reviews.
* Summarised and uploaded ProFormas on SystmOne.

Social Prescriber, Developing Health and Independence, Bath, 2019-2020

* Conducted research to signpost clients to support groups, and counseling services tailored to their needs.
* Worked closely with social workers, the supported housing team, and the drug treatment team.

Psychology Assistant, Private Educational Psychologist practice, 2017-2018

* Gained exposure to educational psychology interventions and conducted administrative work.