**CURRICULUM VITAE**

*21/02/2024*

**Dr Alessandro Malfatto,**General Adult Psychiatrist

GMC number: 7017880

I am an associate of RCPsych (MRCPsych equivalent)

Nationality: Italian

***Education***

2004-2007 SpR training: Psychiatry School, Torino University, Molinette Hospital

December 2007: completion of specialist training in General Adult Psychiatry and Psychotherapy (CCT equivalent). First Class with Honours. Torino University, Department of Psychiatry, Head of Department: Prof. F. Bogetto.

1996- 2003  Torino University (Faculty of Medicine)

July 2003: Degree in Medicine (MBBS equivalent), Torino University, faculty of Medicine. First Class with Honours

1988-1993 Grammar School (Liceo Scientifico Galileo Galilei, Alessandria)

Final Mark: 58/60 (A levels equivalent)

***Medical and Psychiatric Training***

2003-2004 General Clinical Training at Molinette Hospital, Torino

January 2004 – February 2007: Specialist Registrar in General Adult Psychiatry at the Molinette Hospital, Torino University Clinic (Director: Prof.  F. Bogetto)

(a 4 year residency course)

January 2004 – January 2005

During this period I worked in the Eating Disorder service set within Molinette Hospital in Torino, the biggest and most important University Hospital in Torino. The service consisted of an outpatient unit and an inpatient unit (SEDU). I worked in both. The service was run by 1 Consultant, 2 registrars, 3 clinical psychologists, a few students. Nurses were shared with the General Psychiatry University Clinic.

A team of 2 dieticians and 1 gastroenterologist was in support of the SEDU in liaison.

In the outpatient setting I kept a caseload of roughly 70 patients whom I provided with medical and psychiatric monitoring and treatment. Follow ups were at least monthly. I provided weekly supportive-expressive psychodynamic psychotherapy to 6 patients over a period of 1 year. Patients main diagnoses were Anorexia nervosa (restricting and Purging) and Bulimia Nervosa. There was a significant number of patients with EDNOS, as Binge Eating Disorder.

The service also provided liaison interventions and assessments in other Departments.

The inpatient unit consisted of 8 beds (Torino has a population of roughly 1 million people). Beds were mainly used for severe and impaired anorexic patients and a minority of bulimic patients. In the inpatient unit I provided medical and psychiatric care to severe patients, some with a BMI of 9. Naso-gastric feeding and, occasionally, parenteral nutrition were used in the most severe patients. In extreme cases, compulsory treatment was used. Meals were assisted by nurses or psychologists. Re-feeding syndrome and electrolytes imbalances were managed with the aid of the gastroenterologist.

Patients could be referred to Eating Disorders Rehabs when they showed sufficient motivation and the level of severity and outlook were consistent with the referral.

January 2005 – December 2007

I worked in the Liaison Psychiatry Service of the Molinette Hospital. I treated patients affected by psychiatric and behavioural disorders in neurology, internal medicine and surgical wards (the most frequent diagnoses were delirium and mood disorders). Advice to teams was also given in order to improve the quality of care provided to patients. Assessment of capacity was routinely performed.

In the same time I used to work in a General Psychiatry Outpatient Clinic where I treated a caseload of roughly 100 patients affected by affective disorders, Generalised Anxiety Disorders, Obsessive Compulsive Disorder, Psychosis. Thanks to working in co-operation with neurologists and neurosurgeons, I took part in a study on the effects of Extra Dural Motor Stimulation on cognition and mental state in Parkinson’s disease (this study was published in a peer-reviewed journal). I was involved with a major role in the design of the study and I conducted the statistical analysis.  Moreover, I cooperated in a study on antidepressants and their effectiveness (based on the neural network model, and conducted by prof. Smeraldi of the San Raffaele Hospital, Milan).

During the four years of specialisation I used also to see patients in the local outpatient clinic. In addition to Eating disordered patients I used to see patients affected by Major depressive disorder, Bipolar disorder, OCD and psychotic disorders. I had a psychotherapy caseload (mainly personality disorders and eating disorders) which I treated using a psychodynamic approach, and having regular supervision by a consultant in psychotherapy.

September 2008:  I registered on the specialist register of the British General Medical Council as an Adult General Psychiatrist (reference number: 7017880).

Section 12 approved since 2011.I am AC since 2013

**WORK EXPERIENCE**

*CNWL NHS Foundation Trust, Pine Ward, Consultant: from 25/07/2014*

Since July 2014 I have been working as a General Adult Psychiatry consultant in an inpatient unit in Park Royal, London, initially as a Locum consultant, then, since October 2014, as a permanent consultant.

The unit consists of 20 beds, it was initially a mixed gender ward and it was eventually converted into a male only ward. The ward is a General Adult Psychiatry. Patients are mainly affected by Schizophrenia and Major affective disorders with a significant minority of Personality disorders and LDs. I regularly supervise 3 SHOs and an SASG Dr. Patients on Pine ward are severe, they often present with treatment resistant conditions and complex psychosocial needs. We intervene using pharmacology (or in rare cases ECT), rehabilitation and psychology.

Psymplicity Ltd. Private practice. Since 2017 I have been working as a part time private outpatient consultant for Psymplicity Ltd. I am a qualified ADHD assessor and 50% of my practice consists in assessing and treating adult patients with ADHD. The rest of my patients are affected mainly by anxiety, unipolar and bipolar affective disorders. *The company is closing down and I am looking for alternative opportunities*

Harrow ADHD Clinic: March 2022-March 2023 I worked for the Harrow NHS ADHD clinic for about 1 year, providing ADHD assessments and reviews. I stopped the collaboration due to interveeining clinical commitments which impacted my weekly schedule.

*CNWL NHS Foundation Trust –Frays Ward, Consultant: Dr C Woolcock) from 03/01/2012 to 25/07/2014*

I worked in a male inpatient psychiatric ward. The ward had 23 beds. As a senior clinician I was directly involved in the assessment and care of patients, I supervised a Senior House Officer. When the consultant was on leave or absent, I acted as RC.

*CNWL NHS Foundation Trust - Mill House CMHT, Consultant: Dr Ulrike Bain (from 31/01/2011 to 02/01/2012) then Hillingdon Recovery Team, Pembroke Centre, Ruislip (Consultants Dr Bain and Dr Lucas) from 02/01/2012 to 25/07/2014.*

Since 2011 I worked in an adult general psychiatric outpatient service as a specialty doctor, initially in the capacity of Mill House CMHT (10 Pas), then as a part time psychiatrist at the Pembroke Centre. I treated patients affected by psychosis, severe affective disorders (unipolar and bipolar),OCD, severe anxiety disorders, Borderline Personality disorder. My caseload was initially over 200 patients, 40 of them were on CPA (Care Program Approach) for 10 PAs. I was personally responsible for care planning of patients in lead professional care. I regularly led care planning reviews of patients on CPA together with the care coordinators and all the stakeholders involved. Care-planning was based on bio-psychosocial and recovery models and aim to reach a high level of collaboration with the patient in her best interest.

I reviewed pharmacological treatments according to evidence and current patient’s needs, I collected consent to treatment and assessed capacity when capacity to consent was deemed dubious. I referred to safeguarding when patients or vulnerable dependents were felt at risk of exploitation or abuse. When I felt it necessary due to particular complex cases I used to organise professional meetings in order to reach a holistic view of patient’s current situation and to tailor an appropriate care-plan.

*Hertfordshire NHS Foundation Trust - CDAT Ware, Consultant: Dr Alison Lowe (09/02/2009-30/01/2011)*

Since February 2009 I was employed as a specialty doctor in a drug and alcohol misuse service.

Staffing mix within the team consisted of 1 Consultant, 1ST5, 1 Team Leader, 4 Nurses, and 3 Drug Workers with 1.6 Administrative staff and 1 Medical Secretary.

The team provided structured assessments and interventions in addiction including substitute prescribing for opiate users in the community, and run the community care assessment programme for residential rehabilitation. The team provided a prescribing service for South East Hertfordshire on addiction probation orders (DRR) with good links to probation and police. There were good links and joint working with non-statutory agencies in addiction locally. There was access to beds in Max Glatt, Equinox and the Maudsley for planned detoxification. As substance misuse psychiatrist, I used to prescribe maintenance and detox regimes for opiate dependence (methadone, buprenorphine, suboxone) ad benzodiazepines dependence (using diazepam) and to supervise community alcohol detoxifications. I also led psycho-educational groups on alcohol dependence. I had my own caseload of patients which I key-worked personally using a CBT based approach. I was responsible for most of the new assessments

*Rehab “Il Porto”, Moncalieri, Torino, Italy, Director: Metello Corulli (September 2006- January 2009)*

I worked as consultant in General Adult Psychiatry in a big rehab in the outskirts of Torino, in Northern Italy.

The rehab consisted of 2 units, one for psychotic disorders and one for personality disorders. Each unit hosted up to 22 patients. A step down unit was also present. I worked initially in the unit for psychotic patients as a part time associate specialist for about 7 months. I subsequently moved to the unit for personality disorders. Since January 2008 I took the role of Consultant of the Unit for Personality Disorders. I supervised 1 staff grade psychiatrist and, together with the team leader, provided the whole team with clinical supervision. The team consisted of 1 Consultant, 1 staff grade psychiatrist, 2 clinical psychologists (1 team leader and 1 deputy team leader), 8 psychologists with support worker roles, 1 family therapist and a few students. Occupational therapists and art therapists were shared by the 2 units.

Multidisciplinary team meetings were held on a weekly basis. Managerial meetings of consultants, team leaders and directors were held on a weekly basis. On call rota of psychiatrists was in place 24/7.

This job gave me the opportunity to get in touch with the complex psychopathology of severe personality disorders. Many of the patients had addiction problems and antisocial traits. About 50% of the patients were females and a significant proportion of them was affected by bulimia nervosa, a minority by anorexia. The therapeutic program lasted 1 year as an average and consisted of group psychodynamic psychotherapy, individual psychodynamic psychotherapy for some patients, occupational therapy, art therapy, psychopharmacology. The team was regularly supervised by external consultants in psychotherapy. A part time medical doctor and 2 nurses were in charge of medical monitoring of patients.

After attending the training in London on Mentalisation Based Therapy in 2007, I designed and led a weekly open group of mentalisation based therapy (implicit mentalisation) for patients with borderline personality disorder. Moreover I reviewed the internal guidelines in terms of management of self harm aiming at increasing the level of safety of staff members and increasing the efficacy of the intervention in terms of de-escalation and emotional mentalisation. These interventions led to a reduction of work related stress and higher work satisfaction by staff, reduction of drop-outs, better financial standing

*Mauriziano and Martini Hospitals, Torino, Italy (October 2005 - January 2009)*

I worked as part of the psychiatric on call rota at the A&E of two Torino Hospitals. During these shifts I was in charge of the Psychiatric Emergency Service and of the admissions to the psychiatric inpatient ward.

***Other Work Experience***

1993-1995 employed in my parents’ company.

During my early University years I worked with various catering companies in Torino.

Later on I worked as an occupational health medical assistant on a part time basis.

***MILITARY SERVICE***

1995-1996 I took part in a mission to Sicily (Comiso American Airforce Base) set to protect Courts from Mafia attacks. I had administrative tasks in the Logistics Office.

**PUBLICATIONS**

**Peer reviewed**

*1.*     Munno D., Caporale S., Zullo G., Sterpone S., **Malfatto A.**, Zeme S., Pagni C.A. Neuropsychological assessment of patients with advanced Parkinson’s Disease submitted to Extradural Motor Cortex Stimulation.*Cognitive and Behavioural Neurology, Mar 20 (1):1-6, 2007.*

**Non peer reviewed (cited in EMBASE)**

1.     Munno D., Sterpone S., **Malfatto A.**, Zullo G. Outlines of Transcultural Psychiatry. *Minerva Psichiatrica,*46(3): 221-228, 2005 (Review)

2.     Munno D., Macario P.F., Tagliente S., **Malfatto A.** Major Depression: Use of coping strategies in the indications to psychotherapy. *Minerva Psichiatrica,*45(2): 63-71, 2004*.*

3.     Munno D., Macario P.F., **Malfatto A.**, Zullo G. Psychotherapy in consultation- liaison psychiatry. *Minerva Psichiatrica,*45(1): 55-60, 2004. (Review)

**TEACHING and Educational Roles**

Since October 2022 I am the Post-Graduate Medical Education Local Tutor for Brent. As Local Tutor I supervise the educational activites for the Brent Core and Higher Medical trainees. I organise the local Academic meetings and the Local Induction for doctors. I am involved in a number of governance meetings aimed at promoting the local learning opportunities, and service quality.

Since 2021 I have been the local Imperial College Medical students training coordinator for Brent. I provide the year 5 Imperial College Medical student with a local induction and I supervise their access to training opportunities

**Relevant Courses and Certifications**

* Certificate in Open Dialogue (London South Bank University): August 2023
* DBT training level 1: 2023
* ADOS Training: 2022
* UKAAN ADHD Course 2018
* Mentalisation Based Therapy (AnnaFreud Centre): advanced Course 2008
* Certificate in Affective Disorders Maastricht University : 2017
* Leadership and Management for Doctors (Imperial college): 2015
* Management Fundamentals for Consultants – Imperial College – London (June 2016)
* Winter Seminars (University of Maastricht, part of a Master in Neuroscience of Affective disorders (April 2016)
* Summer course in anxiety disorders (July 2014), part of a Master in Neuroscience of affective disorders (University of Maastricht
* Summer course in affective disorders (July 2013), part of a Master in Neuroscience of affective disorders (University of Maastricht)
* Approved Clinician Course (CNWL, May 2013)
* BAP Anxiety Disorders Module Course 26-27 January 2012 (1.5 days- 12 hours)
* BAP Affective Disorders Module Course 6-7 October 2011 (1.5 days- 12 hours)
* S12 Introductory course Slam, London, 22-23/09/2011
* BAP  Substance Misuse Module Course 16-17 June 2011 (1.5 days- 12 hours)
* BAP Schizophrenia Module Course 5-6 May 2011 (1.5 days- 12 hours)
* Complete Management skills for SpRs 17-21 January 2011 (5 full day course- 40 hours)
* IPT Introductory Course. Anna Freud Centre, London 08-12/02/2010
* Clinical Trial Design – Prof. Vance Berger (5 weeks on line course – September-October 2008)
* Advanced MBT training. London, UCL, 2008
* Advanced Transference Focused Therapy training. Amsterdam 2008
* Initiation a la TCC (CBT) – IFFORTECC - Lausanne (Switzerland) : January- February 2008
* Psychiatric Care of the Medically Ill, Harvard medical School, Department of Continuing Education, 2007
* Psychotherapy for Borderline Personality Disorders: A Brief Training in the Mentalization Based Treatment Approach, London, UCL, 30th July – 1stAugust 2007
* 6th Maudsley Forum – Core Course – London, September 2006

**LANGUAGES**

Mother tongue: Italian

English: fluent

French: fluent

Spanish: good working knowledge

**Personal interests**

Playing the keyboard, tennis, trekking, swimming, travelling, music, cinema, cooking, playing with my 2 children, I am an avid reader of classics.

**REFEREES**

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