



1 Harley St, London, W1G 9QD • E-Mail: [info@privatetherapyclinic.com](mailto:info@privatetherapyclinic.com) •

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## Marianna Kassai

Play Therapist and Filial Therapist

BAPT Registration: 1485

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### **EDUCATION**

#### **September 2019 – December 2021 MA Play Therapy University of Roehampton, London**

- In depth study of the impact of adverse life experiences on child development, detailed knowledge of creating therapeutic relationship by providing acceptance, containment, safe space for free exploration and confidentiality
- Practice therapeutic skills, such as using play as a medium to facilitate free expression, access to subconscious, raise self-awareness and develop effective coping strategies
- Dissertation: cross-cultural study “The impact of Covid-19 on the practice of play therapy in schools” based on interview method and thematic analysis

#### **2017 – 2018 BA Working with Children: Education and Well-Being Route UCL – University College London**

- Examined education from the aspect of values and society
- Research and Ethics module - development of transferable skills in assessing particular situations, project planning, confidentiality and ethical practice
- Special and Inclusive Education and The Enquiring Practitioner - knowledge and skills related to inclusion of children with particular conditions, facing variety of difficulties

#### **2014 – 2017 FD Psychology for Education Professionals Birkbeck – University of London**

- Focus on acknowledgement with developmental theories related to children’s physical, emotional and social development, communication with parents and colleagues, linking theory to practice
- The modules Research Methods, Reflective Practice, Work-Based Learning, learn to work as a part of the team, developing a team project and group presentation



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## **Clinical Work Experience**

### **April 2022 – to date: Child Therapist at Private Therapy Clinic, 63 Wigmore Street, London**

<https://theprivatetherapyclinic.co.uk/therapists/marianna-kassai/>

- Providing direct therapeutic service to children and families at a private therapy clinic
- Working with diverse clients suffering from severe trauma, ADHD, aggression
- Assessment of need, planning and contracting for therapy, develop reports and analysis
- Working in a diverse team of outstanding professionals

### **January 2020 – December 2021: Play Therapist Trainee in Primary Schools, London**

- Practicing Play Therapy as a therapist trainee in school setting
- Working with children suffering from bereavement medical trauma, selective mutism, self-esteem and severe anxieties
- Skills gained and practiced: creating therapeutic relationship with parents and children, use art and play as a creative medium, ethical practice and confidentiality, liaison with other professionals and agencies, reflective skills and compassion

### **September 2015 – July 2018: Volunteer at After-School Club**

- Planning, organizing and leading after-school activities such as Lego Club and Lego Therapy, arts and crafts, cooking and baking
- Working with children with ADHD, conduct disorder, mood disorders and learning difficulties
- Working on research and case studies

## **Additional Training**

### **November 2021 Intensive Filial Therapy Training Program, London**

- Learning to support parents and caregivers, assist them to strengthen their relationships with their children, parenting skills, understand their children better
- Collaboratively explore the parents' reactions to challenging events, decrease the levels of stress and anxieties in the family
- Assist parents to conduct special play sessions with their children, supervise and guide them to eventually become the primary agents of change of their child's behaviour



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