

Curriculum Vitae

PERSONAL DETAILS:

Name: Hina Rauf

GMC Reg. No: 6112399 (Full Registration)

**RCPsych
Membership No:** 819598

Section 12 Approved 25 March 2020 - 24 March 2025

MDU Membership number: 539244C

PRIMARY MEDICAL QUALIFICATIONS:

MBBS Dow Medical College. Karachi, Pakistan
Oct 2002

H Rauf

AUDITS

April 2019 **Efficacy of Melatonin use in Depression and Anxiety in Children**
Oxford Health NHS Foundation Trust

December 2017 **Risk Assessment Audit**
Sussex partnership NHS trust

March 2017 **Audit on Intuniv use**

Berkshire Healthcare NHS Foundation Trust

Dec2014-Jan2015 **Monitoring of Physical Health of patients on Antipsychotic medication**
Priory Hemel Hempstead

June-Dec 2012 **Service Evaluation to identify amount of time spend on writing**
prescriptions for outpatients in Hounslow CAMHS by medical staff. Hounslow CAMHS

Jan 2012 **Consent to Treatment forms (T2 and T3) for inpatients on Blake ward**
(MSU) Ealing Hospital

May 2011 **An audit of West London Mental Health NHS Trust's compliance with the**
National Institute for Clinical Excellence's "Bipolar Disorder".
Ealing Hospital

Oct –Dec 2010 **Audit on Service Users Experience of First Clinical Contact at Windmill**
Lodge.
Ealing SDU Child & Adolescent Services

Feb 2010 **To audit how many forensic psychiatric trainees are trained to do**
ECG in forensic services at Ealing hospital
Ealing Hospital

March 2009 **Audit on Physical Examination Equipment (essential and emergency)**
available on wards for inpatients use.
Lakeside MHU

October 2008 **Audit on Physical Examination (essential and emergency) available on**
wards for inpatients use.
H&F MHU – CXH

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POSTS HELD

LOCUM CONSULTANT IN CHILD AND ADOLESCENT PSYCHIATRY

Oct 2020-Oct 2022 East London NHS Foundation Trust

LOCUM CONSULTANT IN CHILD AND ADOLESCENT PSYCHIATRY

Feb 2018- Oct 2020 Central Oxon CAMHS, Oxford Health NHS Foundation Trust

SPECIALTY DOCTOR PSYCHIATRY

Aug 2017 – Jan 2018 Child and Adolescent Mental Health Service (CAMHS)
Sussex Partnership NHS Foundation Trust

SPECIALTY DOCTOR PSYCHIATRY

Dec 2015 – July 2017 Child and Adolescent Mental Health Service (CAMHS)
Berkshire Healthcare NHS Foundation Trust

SPECIALTY DOCTOR PSYCHIATRY

April 2015 – Nov 2015 The Beacon Centre
Edgware Community Hospital, Barnet, Haringey and Enfield.

SPECIALTY DOCTOR PSYCHIATRY (COMPLEX CARE FORENSIC PSYCHIATRY)

April 2014 - March 2015 The Priory Hospital
Hemel Hempstead

LOCUM SPECIALTY DOCTOR

Jan 2014- March 2014 Locum at St Charles Hospital London, Cygnet hospital Stevenage.

SPECIALTY DOCTOR PSYCHIATRY

April 2013- Jan 2014 Barnet Child and Adolescent Mental Health Service (West)
Edgware Community Hospital

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SPECIALTY TRAINEE PSYCHIATRY

Aug 2012- Feb 2013 Community Learning Disability Team
Hounslow and Richmond Community Healthcare NHS Trust

SPECIALTY TRAINEE PSYCHIATRY

Feb 2012- Aug 2012 Hounslow CAMH's
Lakeside Mental Health Unit.

SPECIALTY TRAINEE PSYCHIATRY

Aug 2011- Feb 2012 Ealing Hospital, London (Forensic Medium Secure)

SPECIALTY TRAINEE PSYCHIATRY

Feb 2011- Aug 2011 Ealing Hospital, London (Forensic Rehab)

SPECIALTY TRAINEE PSYCHIATRY

Aug 2010- Feb 2011 Ealing Hospital, London (Adolescence Forensic)

SPECIALTY TRAINEE PSYCHIATRY

Feb 2010- Aug2010 Ealing Hospital, London (CAMHS)

SPECIALTY TRAINEE PSYCHIATRY

Aug 2009- Feb 2010 Ealing Hospital, London (Acute Forensic)

SPECIALTY TRAINEE PSYCHIATRY

Feb 2009-Aug 2009 Lakeside Hospital, London (General Adult)

SPECIALTY TRAINEE PSYCHIATRY

Aug 2008- Feb 2009 Charring Cross Hospital, London (General Adult)

SPECIALTY TRAINEE PSYCHIATRY

Feb 2008-Aug 2008 Ealing Hospital, London (Old Age)

SPECIALTY TRAINEE PSYCHIATRY

Aug 2007 – Feb 2008 Gordon Hospital, London (General Adult)

SHO PSYCHIATRY

Dec 2006 - July 2007 Warne ford Hospital, Oxford (General Adult)

HONORARY SHO:

Feb 2006 – May 2006 Camden and Islington Mental Health and Social Care Trust
Highgate Mental Health Centre (General Adult)

RMO [SHO LEVEL]

Oct 2003 – June 2004 M. Rab Medical Centre, Karachi Pakistan. (General Adult)

HOUSE OFFICER:

July 2003 - Sept 2003	Psychiatry	[Civil Hospital Karachi, Pakistan]
April 2003 -June2003	General Medicine	[Civil Hospital Karachi, Pakistan]
Oct 2002- March2003	General Surgery	[Civil Hospital Karachi, Pakistan]

COURSES:

February 2021	ADI-R Training Compass Psychology Services Ltd
December 2019	MBT-Skills training Anna Freud National Centre for Children & Families
November 2019	DBT Skills Workshop Oxford Health NHS Foundation Trust
May 2019	CESR Training for SAS Doctors Royal College of Psychiatrists
April 2019	Health and Social Care Workforce Development - Preventing Stress and Enhancing Workforce Resilience Health education England
H Rauf	
February 2019	South East Region Conference on Self harm and Suicide Prevention NHS England

- January 2019 **Edward Jenner Leadership Programme**
Oxford Health NHS Foundation Trust
- October 2018 **International Practitioner Health Summit 2018: The Wounded Healer**
30 Euston Square, London
- June 2018 **Symposium on Empathy in clinical psychiatry**
University of oxford
- October 2017 **Humanitarian Medical Aid Course** Doctors Worldwide
- September 2017 **Thames Valley Suicide Prevention and Intervention Conference**
Oxford health NHS foundation trust
- March 2017 **ADOS Administration and Coding**
Berkshire Healthcare NHS Foundation Trust
- Feb-March 2017 **Senior Clinical Leadership Programme**
Berkshire Healthcare NHS Foundation Trust
- Jan 2017 **Safeguarding Children Levels 1,2 and 3.**
Berkshire Healthcare NHS Foundation Trust

Conflict Resolution
Berkshire Healthcare NHS Foundation Trust

PSYCHOTHERAPY EXPERIENCE

December 2019 **MBT-Skills training,** Anna Freud National Centre for Children & Families

November 2019 **DBT Skills Workshop,** Oxford Health NHS Foundation Trust

IPD (Metallization Based Therapy): Ealing Hospital Supervised by Dr Kirtchuk. (Feb '2011- Aug '2011) (Aug2011-Feb2012)

Family Therapy Sessions & CBT Cases : Ealing SDU Child & Adolescent Services (Feb 2010- Aug2010)

IPD (Metallization Based Therapy): Ealing Hospital Supervised by Dr Kirtchuk. (Aug 2009- Feb 2010)

CBT Case 1 &2 : Depression & Anxiety (March '09 – Aug'09)

Lakeside MHU

Supervised by Jelena McMennemin

Psychodynamic Psychotherapy:

Case : Depressive Disorder with Sexual Abuse Issue May2008

Ealing Hospital Supervised by Dr Norton Kingsley

CBT Seminars: September 2008 Charring Cross Hospital, London

CBT Lectures: Aug'07-Feb'08 Gordon Hospital

CLINICAL PRESENTATIONS:

May 2007 Case presentation on schizophrenia: Management at Warne ford Hospital

September 2007 Case presentation on depression at Gordon Hospital

March2008/ Jan 2009 Critical review paper on ***Comparative randomised trial of online cognitive-behavioural therapy and an information website for depression: 12-month outcomes*** Ealing/ Charring Cross Hospital

February 2009 Case presentation on Bipolar disorder management. Charring Cross Hospital, London

May 2010 Critical review paper on ***Cannabis intoxication and fatal road crashes in France: population based case-control study*** Ealing Hospital

April 2011 Case presentation on diagnostic difficulties. Ealing Hospital

April 2011 Psychotherapy presentation in a conference of psychologist and psychotherapist. Ealing Hospital

Jan 2015 Sustainability in health care
Priory Hemel Hempstead

March 2017 ADHD Presentation
Berkshire Healthcare NHS Foundation Trust

September 2018 ADHD Presentation Oxford Health NHS Foundation Trust.

References:

Dr Meinou Simmons

Consultant Lead Psychiatrist

Central Oxon. CAMHS

Raglan House,

23 Between Towns Road,

Oxford. OX43LX

Tel: 01865 902720.

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Dr Mahesh Kulkarni

Consultant Child and Adolescent Psychiatrist

CAMHS , Charter House

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