

## **Clinical work experience**

### **Psychotherapist**

**2003 – Present**

Working with adults and adolescents in individual therapy as a full time Clinical Psychologist at Trad Hospital and Medical Center, Clemenceau, Beirut, Lebanon and in a private office in Achrafieh, Beirut, Lebanon. Working primarily online for the past 2 years.

### **Psychotherapist**

**2003 – 2006**

Worked in individual therapy at the Institute for Medical and Psychological Assistance (IMPA) as part of a team of 10 psychiatrists, psychologists and speech therapists who worked with children, adolescents and adults.

### **Psychotherapist and Counselor at College Melkart in Lebanon**

**2004 – 2008**

- Counseling for adolescents.
- Parental guidance.
- Guidance for teachers.

### **Psychotherapist and Counselor on a TV program**

**2005**

- *The biggest loser*, TV program on MBC, a Middle Eastern TV station.
- Counseling of participants.
- Participated in various live television and radio talk shows in Beirut. Topics covered: the psychological aspects of Breast Cancer, AIDS, Obesity, OCD, Anger, Anxiety and Parental Guidance on child anger management and other issues.

## **Additional work experience :**

### **Journalist at Agence France Presse in Paris, France**

**1986 – 1987**

Research on *The Desk Afrique Asie*.

**Journalist at UNESCO in Paris, France  
1985 – 1986**

Assistant to the Lebanese Ambassador.

**Education:**

**Workshops, seminars and online courses leading to qualifications  
2006 – present**

- Workshop with Dr. Christine Padesky on new ways of treating personality disorders.
- Workshop with Dr. Lilian Dindo on Acceptance and Commitment Therapy.
- Couples therapy workshop with Mr. Jacques Salome.
- Workshop on interviewing skills under the direction of Georges Cognet, Psychologist at the University Rene Descartes, Paris, France.
- Different workshops with Drs. Aaron and Judith Beck and Dr. Leslie Sokol from the Academy of Cognitive Therapy.
- Putting Dialectical Behavioral Therapy into your practice with Dr. Fiona Kennedy from Oxford University.
- Dialectical Behavioral Therapy with Psychologist Marsha Linehan.
- Motivational interviewing with clinical psychologists William R. Miller and Stephen Rollnick.

***Diplomate in the Academy of Cognitive Therapy, Philadelphia*  
2006**

Certified Cognitive therapist, trained with Drs Aaron and Judith Beck.

**Beck institute, Philadelphia, PA.  
2004 – 2006**

Specialized in Cognitive Behavior Therapy. Under the clinical supervision of Dr. Aaron and Judith Beck.

18 months of cognitive behavior therapy training with a weekly supervision by Dr. Leslie Sokol from the Beck institute and the Academy of Cognitive Therapy (ACT).

**American University Of Beirut Hospital, Psychiatry Department  
February 2001 – February 2004**

Clinical Training in Psychotherapy.

**Research Assistant at the American University of Beirut  
2002 – December  
2003**

**Summer**

Research Assistant to Dr. Brigitte Khoury at the Psychiatry Department at American University of Beirut for the studies on child sexual abuse in Lebanon and on women's sexuality in Lebanon in cooperation with Mrs. Marie-Therese Khair-Badawi, psychoanalyst. Both studies were funded by the Ford Foundation and presented during the Sexuality Conference in May 2003

**MA in Psychology at the American University of Beirut  
2003**

**Degree in Journalism in Paris, France  
1984 – 1986**

Degree in Journalism, Centre de Formation et de Perfectionnement des journalistes et des cadres de la Presse (CFPJ) Paris, Rue du Louvre.

**BA in Political Studies and Public Administration at American University of Beirut  
1983**

**Schools attended leading to a the obtention of a French and Lebanese Baccalaureate in  
1980**

- Institut de l'Assomption, Rue de Lubeck, Paris, France
- Lycée Franco - Libanais, Beirut, Lebanon
- College Notre Dame de Nazareth, Beirut, Lebanon

## **Languages spoken**

- Arabic: mother tongue
- French: mother tongue
- English: fluent