

LAURA EID

Main goal:

Becoming an HCPC and BABCP accredited Clinical Psychologist.

Education:

King's College London – London, United Kingdom *October 2020 – Present*

- Doctorate of Clinical Psychology at the Institute of Psychiatry, Psychology and Neuroscience.

McGill University – Montreal, Canada *September 2015 to December 2018*

- Bachelor of Arts, major in Psychology and double minors in Behavioral Science and Economics.

College Louise Wegmann – Beirut, Lebanon *September 2000 to June 2015*

- Passed the French Baccalaureate with High Honors.

Work experience

Private Therapy Clinic – London, United Kingdom *April 2019 - present*

- Psychology assistant
- Face to face 50 minutes' sessions under clinical supervision, using both CBT and psychodynamic approaches
- Initial assessments over the phone with new clients

The institute of Psychiatry, Psychology and Neuroscience, Kings College London – London, UK *January 2019 - present*

- Research assistant with two publications in 'Current Opinion in Psychiatry' and 'Frontiers in Psychiatry'

Ministry of Public Health - Beirut, Lebanon *July 2018- August 2018*

- Worked on a stigma campaign and conducted a literature review on insurance coverage related to mental health in Lebanon.

Embrace Lifeline – Beirut, Lebanon *June 2018- September 2018*

- Answered suicide and emotional distress calls, assessed suicide risk and decided on an action plan with the caller.

Saint George Hospital University Medical Center– Beirut, Lebanon *June 2018- August 2018*

- Shadowed Psychiatrists and Psychologists in the Psychiatry unit and assisted them in their discussions of patient's cases.

The Raz lab – Montreal, Canada *September 2017 – December 2018*

- Conducted a research on attention and metacognition using eye tracking and EEG techniques.

American University of Beirut, Medical Center (AUBMC) – Beirut, Lebanon *June 2017 - August 2017*

- Shadowed Psychiatrists and Psychologists in the Out-Patient department
- Assisted in conduction of semi-structured interviews to out-patients

White & Case LLP - Paris, France *May 2016 - June 2016*

- Researched a number of legal cases, translated documents from Arabic, and drafted Minutes of Meetings and daily reports

Volunteer work:

Volunteering with IVHQ - Maasai Land, Kenya: *May 2017 – June 2017*

- Taught Maasai children English, Math and Physical education in a private Kenyan school

Montreal General Hospital – Montreal, Canada *September 2016 - December 2017*

- Helped seniors with their daily mechanical struggles and brought companionship and a feeling of being valued to lonely patients

Trainings:

- Mental Health First Aid - Mental Health Commission of Canada (MHCC)
- Suicide Prevention Helpline Operator training - Embrace

Skills:

- Perfectly trilingual (English, Arabic, French)
- Experience doing qualitative and quantitative data analysis
- Familiar with eye tracking devices, EEG and SPSS
- Proficient in Microsoft office including Excel and Power Point

Publications:

- Treasure, J., & Eid, L. (2019). Eating disorder animal model. *Current Opinion in Psychiatry*.
- Kan C, Eid L, Treasure J and Himmerich H (2020). A Meta-Analysis of Dropout and Metabolic Effects of Antipsychotics in Anorexia Nervosa. *Frontiers in Psychiatry*