|  |  |
| --- | --- |
| **Clinical and Counselling Psychologist, CPsycho, MSc, MA****EMDR Therapist (Eye Movement Desensitization Reprograming)** **Deep Memory Process® Regression Therapist****Animal Assisted Therapy-AAT** |  |
| **Professional Experience** |
| **Clinical Psychologist,** **Priory Wellbeing Centre, in Harley Street,**Clinical psychologist offering individual therapy to outpatients.Integrative approach, EMDR.Adults and adolescents**Clinical psychologistCAMHS  Child Adolescent Mental Health Service,Priory Hospital, Roehampton**, London (UK)Clinical psychologist at 12 bed acute inpatient unit for adolescents. Became highly skilled at working with PTSD and complex trauma.Duties as the Ward Psychologist included providing individual and group therapy to suicidal adolescent inpatients with PTSD, acute trauma, complex trauma, ASD Therapy modalities included EMDR, CBT, DBT skills. I conducted assessments for personality issues, additional mental health difficulties such as anxiety disorders and depression, and specialist autism assessments. I participated in weekly ward rounds, contributing to treatment plans of patients. I was involved in service improvement initiatives such as Safe Wards initiative, training and streamlining psychology input across the hospital.ATT, Animal Assisted therapy was incorporated in my work, as therapy dog Belle, would go daily with me into the Hospital and assist in sessions.**Clinical and Counselling Psychologist** **Private Practice**, LondonPrivate practice working with Adults and young people.Work with adults covers topics such as: anxiety, relationship issues, depression, grief and loss, phobias, addiction, codependency, trauma and communication. Use of integrative approach: systemic and psychodynamic frame of reference as well as EMDR, Eye Movement Desensitization Reprograming and Deep Memory Process ® (DMP®- regression therapy and body work), .**Animal Assisted Therapy**- AAT:Incorporation of AAT into the practice with Belle, a Yorkshire Terrier, now 11 years old.  2010- 2017Actively searching for a new therapy dog to incorporate in therapeutic work. |  |
| **Clinical Psychologist at Grasmere Primary School**, London (UK) Providing Counselling to children in school setting:* Assessment and ongoing therapy
* Supporting and liaising with parents
* Supporting and liaising with the school staff
 |  |
| **Clinical psychologist at the Paediatric Ward  (Professional trainee)-** **Hospital de Santa Maria**, Lisbon (Portugal)Worked as a member of the Paediatric Ward team, providing assessment and counselling for out-patients: children, adolescents and parents.Member of a multidisciplinary team at the Paediatric Surgery Ward (Orthopaedic and Urology), providing support and counselling for in-patients and families. Counselling of children could continue during post-surgery if required.Work supervised by: PhD Emilio Salgueiro and PhD Nuno Colaço |  |
| **Education & Training** |
| **MSc in Clinical Psychology and Counselling**,**Universidade Lusófona de Humanidades e Tecnologias**,Lisbon (Portugal)                                 Classification 16 (out of 20)5 year full time course with a one year professional clinical placement at pediatric ward at St Maria University Hospital- This training with Work experience was accredited by:HCPC as Clinical Psychologist and counselling PsychologistBPA as Chartered PsychologistMonograph: Research with asthmatic children using projective techniques published in a dissertation entitled :*'Asthma and Imagination: stories used as the differentiating element'* |  |
| **MA in Psychoanalytic Observational Studies, Tavistock Clinic**, London (UK)Master focus on child development , within a  Psychoanalytical frame of reference, with a very practical component:- working with children (compulsory)- Esther Bick’s Observation Method (1 hour once a week): observing a baby for 2 years and a child for 1 year.- Work Discussion Seminar supervised by Trudy KlauberDissertation title: *Reflection on the use of drawings as a means of communication in counselling work with children* |  |
| **Professional Certification in Deep Memory Process® (DMP),Woolger Training International** (UK)Regression therapy: trauma and body work.Trained by Roger Woolger, PhD (Jungian analyst)Clinical supervision by Roger Woolger from 2007 to 2011**EMDR, Eye Movement Desensitization and Reprograming****Richman EMDR Training -Part one,** London, UKTraining with Alexandra Richman**Richman EMDR Training -Part two,** London, UKTraining with Alexandra Richman**Richman EMDR Training -Part three,** London, UKTraining with Alexandra Richman**ADOS-2 Training Completed by Mark Lovel,** London, UK**ACAMH accredited** **The Flash Technique by Dr Philip Manfield,** London, UkDay workshop**EMDR Advanced Training with Dolores Mosquera**, London, UKDay Workshop |  |
| **Professional Affiliations**  |
| **British Psychology Association, BPA**M M Pires CPsycholChartered Member nº393324**Health & Care Professional Council: HCPC**Registered as clinical psychologist and counselling psychologistRegistration number: PYL33041**EMDR Association UK and Ireland**EMDR Europe Accredited Practitioner-**Ordem dos Psicólogos Portugueses: OPP**(Portuguese Association of Psychologists)Professional membership number: 19683Registered as clinical psychologist and psychotherapist**European Association of Regression Therapy: EARTh**www.earth-association.comCertified Member of Earth since 2007 |  |
| **International Deep Memory Association: IDMA**www.idmassoc.orgBoard Member of IDMA - 2007 to 2011 |  |
| **Languages** |
| **Portuguese**: Native speaker**English:**Working language since 2001**Spanish**:      Good (fluent conversation and understanding) |  |