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Dr MATTHEW SAWA MBChB MRCPsych MSc
Consultant General Adult Psychiatrist

Professional Bodies

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|--------------------------|---|
| June 2006 -Present | Member of the Royal College of Psychiatrists Membership number: 809721 Renewal date: January 2019 Awarded through passing MRCPsych Exam |
| November 2003 – Present | Full GMC Registration with License to Practice Registration number: 6025159 On the specialist register since August 2010 Renewal date: April 2019 |
| September 2010 – Present | Medical Defense Union Membership number: 439587J Renewal Date: August 2018 |
| September 2010 – Present | British Medical Association Membership number: 8150252 Renewal Date: October 2018 |

Education and Professional Qualifications

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|------------------------|---|
| May 2012 | MSc Degree in Healthcare Education and Clinical Leadership Awarded by Kingston – St George’s University / London with Distinction |
| April 2012 | Certificate in Teaching and Educational Supervision Kent, Surrey and Sussex Deanery/London |
| August 2010 | Certificate (CCT) in General Adult Psychiatry Certificate (CCT) in Rehabilitation Psychiatry Mersey Deanery, Liverpool and Royal College of Psychiatrists, UK |
| November 2006 -Present | Approved Clinician and Section 12 Approved Doctor South East Strategic Health Authority Renewal date August 2020 |

July 1997

MB ChB

Mosul Medical College, Iraq

Current and recent Appointments

November 2017 - Present **Consultant Psychiatrist for Rapid Response and Home Treatment Team.**

Central and North West London NHS Foundation Trust
Pinn Suite, Riverside Centre
Hillingdon Hospital Site
Field Heath Road
Uxbridge UB8 3NN

Roles and Responsibilities

I provide Medical Leadership and Consultant input to a busy outer London Home Treatment Team. The turnover rate is around 5-10 admissions, transfers and discharges per week, including those from the Rapid Response arm of the Team.

I have vast experience in managing patients with complex mental health needs, with multiple comorbidities, including illicit substance misuse, personality disorder, autistic spectrum disorder and complex social situation. I enjoy working with various agencies, including social services, drug and alcohol Services, forensic services, personality disorder units and specialist tertiary referral units.

October 2010 – Present **Independent practice**

Associate Psychiatrist at the following clinics:
Private Therapy Clinic, 2 Harley Street, London
Cognacity 54 Harley Street, London
Practicing privileges at the Priory, Canterbury, Kent

I see regularly patients privately for consultations or as part of medico-legal purposes. I am recognised by BUPA and most other major health insurance providers. I provide psychiatric expert opinion regarding wide range of situations, such as Fitness to Plea, Fitness for Police Interview, Fitness to Drive, Family Court and Inquests.

June 2012- **Clinical Advisor for the General Pharmaceutical Council**
August 2015 **(GPhC), London**

Roles and Responsibilities

My main role was to advise the GPhC statutory committees when they consider cases relating to a Registrant's mental health. As part of this role, I read and assimilated papers before hearings. In addition, I considered reports submitted by the GPhC's Medical Assessors after medical examination of Registrants. Furthermore, I attended statutory committee hearings and meetings to advise the panel as they consider allegations against pharmacists or pharmacy technicians where physical or mental health is under consideration.

Employment History

1. September 2010 – November 2017 – **Consultant Psychiatrist for Younger Adults
Acute Service Line Lead for NICE Implementation Group
Awarded level II (employer bases) Consultant Clinical
Excellence Award in 2013**

Kent and Medway NHS and Social Care Partnership Trust
Bluebell Ward, St Martin's Hospital
Canterbury, Kent CT1 1AZ

Roles and Responsibilities

I provided Medical Leadership and Consultant input to an 18-bedded mixed gender psychiatric inpatient unit. The turnover rate is around 5-10 admissions, transfers and discharges per week.

2. August 2007 – September 2010 – **Specialty Registrar in General Adult Psychiatry**
Mersey Deanery / Mersey Care NHS Trust
3. February 2007 – August 2007 – **Staff Grade Psychiatrist in Assertive Outreach Team**
East London and the City Mental Health Trust
4. August 2003 – February 2007 – **Senior House Officer in Psychiatry**
London Deanery
St. Mary's Training Scheme in Psychiatry
5. May 2002 – August 2003 – **Senior House Officer in General Adult Psychiatry**
West Norfolk Primary Care NHS Trust and
West Kent NHS and Social Care Trust
6. August 2001 – May 2002 – **Clinical Attachments at various London Hospitals**
7. November 1999 – June 2000 – **Senior House Officer in Histopathology**
Alzahrawi Teaching Hospital, Nineveh
8. September 1997 – November 1999 – **Junior House Officer Rotation**
Three full time, substantive monthly placements
Teaching Hospitals attached to Mosul Medical College

Psychiatric and Mental Health Legislation Experience and Training

I have extensive experience and knowledge in psychopharmacology. This experience is complemented with active participation in various national and international conferences and courses.

I have also extensive training and experience in various psychotherapeutic approaches. I have trained formally in cognitive behavioural therapy, psychodynamic psychotherapy and family therapy. I have also skills in motivational interviewing and coaching.

I have deep understanding of the relevant legislation in mental health. I have attended various courses with this regards and have been involved in managing very complex cases. I have also broad training in risk assessment to self and to others.

Medico-legal Training

- September 2012 **Medico Legal Training with Andrew Andrews MBE – Report Writing**
A one day course convened by The Royal College of Psychiatrists
Education and Training Centre
- December 2012 **Medico Legal Training with Andrew Andrews MBE – Presenting in Court**
A one day course convened by The Royal College of Psychiatrists
Education and Training Centre

Research and Publication Experience

I was the Acute Service Line Lead for research between 2011 and 2015.

I was the Principal Investigator for the ALTO international study 2013 – 2015 for the first UK site and recruited the first UK patient, within 70 days of ethical approval.

I completed an MSc Degree in Healthcare Education and Clinical Leadership in May 2012. I was awarded this degree by Kingston University, London, with Distinction. This degree has aided me to deepen my understanding of the relevance of research, leadership theories, management theories and learning theories to mental health. This in turn has helped me to be a more effective educator, leader and motivator.

I have the following two articles published in peer-reviewed journals:-

1. Sharma, VK, Durrani, S, Sawa, M, Copeland, RM, Abou-Saleh, MT, Lane, S, and Lepping, P (2013) 'Arabic version of the Global Mental Health Assessment Tool-Primary Care version (GMHAT/PC): a validity and feasibility study', Eastern Mediterranean Health Journal, 19(11), pp 905-908.
2. Sawa, M, Selvaraj, M, Brown, R, Parker, P and Meehan, J (2011) 'Brief intervention and referrals on smoking cessation', Mental Health Practice, 14(9), pp 30-31.

I had several poster presentations at various international, national and regional conferences, the following are two recent examples for this:-

Barsoum, M, Brown, R and Sawa, M (2012) 'Interprofessional Educational Programme (IPE): is it all pie in the sky?'. In Royal College of Psychiatrists (2012) Proceedings: International Congress of the Royal College of Psychiatrists: 10-13 July 2012, Liverpool, UK, Royal College of Psychiatrist.

Javaid, S, Memon, B, Shetty, A, Sawa, M, Brown, R (2011) 'Re-audit of Mersey Care Induction Programme: Trainees' Perspective'. In Royal College of Psychiatrists (2011) Proceedings: International Congress of the Royal College of Psychiatrists: 28 June -1 July 2011, Brighton, UK, Royal College of Psychiatrist, p 21.