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Dr Kannika Sukantarat
HCPC Registered Psychologist
BSc. Psy. MBPS. CSci PhD PG Dip.CBT

Education

2011 Chartered Psychologist (British Psychological Society)
2011 Chartered Scientist (*Award by British Psychological Society*)
2009 - 2011 MSc, Postgraduate Diploma (*Award with Merit*) in Cognitive Behavioural Therapy, University of Birmingham
2008 - 2009 Postgraduate Certificate in Counselling Psychology, City University, London
2002 - 2008 Doctorate in Psychology as Applied to Medicine (PhD: University of London)
2004 - 2008 Postgraduate Diploma in High Education (Imperial College School of Medicine, Science & Technology), London
1996 – 1999 BSc Psychology (*Award with Distinction*), at Thames Valley University (West London University).

Professional Experience

2016 – present Private Therapy Clinic (Harley Street, London): Chartered psychologist/Chartered Scientist

Providing psychological assessments and interventions for adults and adolescent mental health, including relationships difficulty in couples. I treat patients with a wide range of challenging psychological difficulties with my Psychological Medicine background, I am able to assist patients with a wide range of complex medical health conditions as well Psychosomatic Symptoms) to cope and to manage their ongoing chronic/acute pain and discomfort to enhance their quality of life.

As a Chartered Scientist (BPS accredited), I serve as an Associate Editor for Psychology, Behavioural Medicine Journal. I have published a number of scientific publications in this field with extensive experience of writing assessment reports regarding Personal injury, Medical negligence, Employment Dispute, Immigration Status, Neurological assessment, Cognitive functioning, and Capacity as an Expert Witness.

2015-2016 South West London and St George's Mental Health (NHS)



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Providing psychological assessments and interventions to BABCP, BPS and NICE guidelines for Primary Care NHS services with the Wandsworth IAPT. As part of South West London and St George Mental Health Services, I cover four sites of the Wandsworth IAPT and work closely with the MDTs and GP surgeries (Mayfield Surgery, Roehampton Surgery and Tempo House, and Springfield Hospital).

2014-2015 Blackheath Brain Injury Rehabilitation Centre: Clinical lead (acting)

Providing neuropsychological assessment and rehabilitation treatment for patients with brain injury. Leading in an MDT context with patients who present with a range of emotional, cognitive and behavioural difficulties; and to undertake mental capacity assessments, risk assessments and to respond appropriately in relation to safeguarding issues of in-patient wards as well as consultation, supervision, family support training service, development and research/audit.

2011 – 2016 The Psychiatry Centre (Harley Street): Chartered Psychologist/CBT Therapist

Providing psychological counselling (CBT/EMDR) and neurological assessment and treatment such as EMDR, CBT, ACT for trauma patients with complex mental health. Providing psychological reports during in-patient care and follow-up after discharge. I also responded to out of hours Clinic Emergency and risk management events in ward patients.

2011 – 2015 The London Clinic Hospital (Harley Street): Specialist Psychologist/CBT Therapist

Providing psychological counselling (CBT/EMDR) with personalised treatment plans for medical ward patients (covered 215 beds) with cancer, cancer survivors, and critical illness PTSD, pain management, end of life support and adjustment difficulties, working within a multidisciplinary team including oncologists, gastroenterologists, colorectal surgeons, orthopaedic surgeons, neurologists, cardiologists, psychiatrists and nurses to treat surgical, medical and terminal ill and acute patients.

Providing teaching/ training to medical staff, including Risk Management and Crisis Intervention for management of suicide risk and attended emergency in the wards.

Expert Witness training

January 2017: Undergone professional training “Becoming an Expert Witness” at the British Psychological Society

Learning objectives

- Understanding civil procedure rules governing expert witness
- Understanding the case-law governing expert witness liability for negligence



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- Understanding data protection and confidentiality as related to expert witness
- How to structure and expert report
- How the contents of the report should assist the court
- Understanding courtroom procedure
- How to prepare for a courtroom appearance?
- How to spot and cope with common cross-examination pitfalls

Independent Practice:

2011 – Present: Independent Expert Witness Areas of Expertise:

Providing psychological, neurological assessment and clinical interview and evaluation of adults in the context of Family Proceedings, Employment problems, Private Law disputes, Immigration purpose.

Family & Capacity:

- Cognitive functioning/Neurological assessment of Cognitive Impairment (dysexecutive syndrome)
- Substance misuse
- Assessment of anger traits and anger management skills
- Evaluations and Assessment of trauma (PTSD)
- Behavioural issues/violence behavioural management
- Violence and aggression issues
- Autism Spectrum/Attention-Deficit/Hyperactivity Disorder/management/risk assessment

Civil/Personal Injury:

- Personal injury/damage evaluations
- Psychological dependency evaluation associated with physical disability
- Psychological damaged evaluations associated with medical negligence
- Immigration evaluations: deportation assessments
- Disability discrimination Tribunals
- Sexual difficulties

Criminal:

- Drug/alcohol/substance misuse
- Mental capacity
- Personality Assessments



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Professional Registrations:

- Member of the British Psychological Society
- Chartered Psychologist (BPS/083748)
- Chartered Scientist (BPS/118/083748)
- Member of Counselling Psychologist (BPS)
- Member of the Royal Society of Medicine (RSM)
- Member of BABCP
- Member of Psycho-Oncology, UK

Publications:

1. Sukantarat KT, Burgess PW, Williamson RCN, Brett SJ. Impaired executive function of the brain among intensive care patients. *Anaesthesia*, 2005; 60: 847-853.
2. Sukantarat KT, Greer S, Brett SJ, Williamson RCN. Physical and psychological sequelae of critical illness. *British Journal of Health Psychology*, 2007 (Mar); 12:65-74.
3. Sukantarat KT, Williamson RCN, Brett SJ. Psychological assessment of ICU survivors: a comparison between the Hospital Anxiety and Depression scale and the Depression, Anxiety and Stress scale. *Anaesthesia*, 2007 (Feb); 62: 239-243.
4. Sukantarat KT and Williamson RCN. The legacy of a critical illness (Editorial). *British Journal of Hospital Medicine*, 2007 (Sep); 68:463.

Book Chapter

Sukantarat KT and Brett SJ. The Neuropsychological Consequences of Intensive Care. In Carlet J and Angus D (Eds).