



2 Harley St, London, W1G 9PA • Phone: 020 8150 7563 • Mobile: 07434 585472
E-Mail: info@privatetherapyclinic.com Web: <https://theprivatetherapyclinic.co.uk>

Dr Daniela Rossi

HCPC Registered Psychologist

Memberships:

British Psychological Society: Associate Member British of the Division of Clinical Psychology (DCP)
Health Care Professional Council (HCPC)

British Psychological Society: Associate Member of DCP Psychosis and Complex Mental Health

Faculty Psychological Society: Associate Member of Sport Psychology.

Current Employment:

Senior Clinical Psychologist at Private Therapy Clinic
Specialized in Severe and Enduring Mental Illnesses - Adult Mental Health

Role and Responsibility

Direct Work:

Provision of an autonomous and systematic specialist clinical service, which includes specialised assessments, including psychometric assessments and treatments for adults, couples and young people in the private sector.

Provision of a wide range of CBT therapeutic approaches including third waves CBT, Mindfulness approaches (MBSR; MBCT), Solution Focused therapy; Systemic therapy, Person Centred Therapy and Psychodynamic Therapy.

Indirect Work:



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Supervision of Trainee Counselling Psychologist and Counselling Psychologists at the Private Therapy Clinic and consultation to new clients and private agencies.

Psychoeducation: Dr Rossi writes articles on relevant topics for the general public which are uploaded on the Private Therapy Clinic website.

Expert Witness Training

Medical Report writing – Bond Solon (2005)

Dr Rossi has undergone training as a “Health Professional Expert Witness” with Bond Solon. Dr Rossi specialises in assessing a wide range of mental health problems by psychometric objective assessments and by clinical interview.

Independent Expert Witness Areas of Expertise:

Family & Capacity:

- Cognitive functioning
- Substance misuse
- Assessment of anger traits and anger management skills
- Behavioural Issues/Behavioural Management
- Personality disorders and clinical syndrome
- Affective conditions (e.g. PTSD, anxiety disorders etc)

Substance misuse:

- Assessment of anger traits and anger management skills
- Behavioural Issues/Behavioural Management
- Personality disorders and clinical syndrome
- Affective conditions (e.g. PTSD, anxiety disorders etc)

Criminal:

- Substance Misuse
- Mental Capacity
- Personality Assessments

Civil/Personal Injury:

- Post-traumatic Stress Disorder
- Deportation Assessments



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- Disability Discrimination Tribunals []
- Sexual Difficulties []

Academic Qualifications

2015 Associate Fellow of the British Psychological Society (AFBPs'S)

2007 British Psychological Society Statement of Equivalence

1989-1995 Doctoral Degree in "Clinical and Community Psychology". "La Sapienza" – Rome 1 st University

(Italy) – Grade achieved 28 out of a maximum 30 (93%)

1982-1987 Doctoral Degree in "Ancient Religions" "La Sapienza" - Rome 1 st University (Italy) - Grade achieved 30 out of a maximum 30 (100%)

Professional Qualification:

2015 Certificate "4 days Intermediate to Acceptance and Commitment Therapy (ACT) and skills

2015 Certificate "4 days Experiential Introduction to Acceptance and Commitment Therapy (ACT) and skills training

2015 Certificate "ACT for Psychosis"; 2 days workshop

2013 Certificate in "Advanced Supervisor Workshop"

2012 Certificate: Intensive Training in "Mindfulness Based Stress Reduction" (MBSR) (5 Days)
East London NHS Foundation Trust

2011 Certificate: Advanced CBT Training: "Working with Complex Trauma and PTSD" - Oxford
Cognitive
Therapy Centre

2010 Certificate Intensive Training in "Family Work" (5 Days) – Meridien, The West Midlands

Family Program

2010 Certificate: "Training in Cognitive Therapy for Psychosis Module 1" (3 Days): "Key
Knowledge and skills for everyday interactions in Psychosis" - Association Psychological



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Therapies (APT)

2010 Certificate: “Training in Cognitive Therapy for Psychosis Module” 2 (3 Days): “The formal treatment of delusions and hallucinations” - Association Psychological Therapies (APT)

2000-2001 Intermediate Practitioner Certificate in “Ericksonian Hypnosis and Advanced Psychotherapy”
National School of Hypnosis and Psychotherapy N-SHAP (London)

2000 Certificate: English National Board course (Enb 998) “Teaching and assessing skills in clinical practice” Wolfson Institute of Health Studies Thames Valley University (London)

1996-1998 Accelerated Diploma of Higher education in Nursing Studies (Mental Health) – King’s College University (London)

1995 Certificate: “Advanced Supervision Training in Hypnotherapy” ; 7 Days Workshop

Milton H. Erikson Foundation, Phoenix (U.S.A.)

1993 Certificate: “The Foundations of Hypnosis and Ericksonian Psychotherapy”; 1 day Workshop Jeffrey K. Zeigh Ph.D. - (Rome)

Continue Professional Development (CPD)

2013 In house Training: Intensive training in Compassion Focus Therapy (CFT) - (5 Days) East London NHS Foundation Trust

2012 In house Workshop on “Tree of life” Training - East London NHS Foundation Trust

2012 Conference “Working with Families in Inpatients settings” (British Psychological Society – London Office)

2012 Conference: “An introduction to Brief Interpersonal Therapy to work with Depression: evidence, protocol and training required.



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2011 Conference “Schema Therapy for Personality Disorders” (2 Days) – Jeffrey Young PhD

Schema Therapy Institute - New York (London)

2011 Conference “Using Practice-based evidence to improve outcome in Psychotherapy” (2

Days) - (British Psychological Society - London Office)

2011 Systemic Supervision Workshop (Clinical Doctoral Courses in North London)

2005 Workshop in “Presentation Skills” (2 Days) - (East London NHS)

2005 Conference: “CBT Therapy for Personality Disorders C. A. Padesky, PhD; 2 Days Cognitive

Workshops

2005 Conference: “CBT for Psychosis Workshop”; 1 Day Cognitive Workshops

2003 Conference: “CBT for Depression “- C. A. Padesky, PhD; 2 Days – Cognitive Workshops

Employment History

Private Work

2017- 2018 (ongoing) Senior Clinical Psychologist for Private Therapy Clinic – London

2014 Clinical Psychologist for “The British CBT and Counselling Service” London - Part time

NHS Posts

2013 - 2017 Specialized Clinical Psychologist – Community Mental Health Team and senior assessor for the Triage Team. Mile End Hospital – East London NHS Foundation Trust.

2013- 2017 Specialized Clinical Psychologist – provision of psychological therapies for clients under the Community Mental Health Team and Acute Inpatients care - Mile End Hospital – East London NHS Foundation Trust.



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2000-2013 Specialized Clinical Psychologist – provision of psychological therapies for clients under the Community Mental Health Team and Outpatients - Mile End Hospital – East London NHS Foundation Trust.

2000-2002 Senior Community Mental Health Nurse (Grade G) Bent Kensington Chelsea Westminster - NHS Foundation Trust. North Paddington Team

1998-2000 Staff Nurse. Acute Psychiatric (Adult) B.K.C.W (NHS) Mental Health Trust Paterson Center (London) Professional Employment (Part time): Nursing Assistant in different clinical settings (general medicine, mental health and elderly care) non-professional employment with Grosvenor Nursing Agency - London

1995-1996 Clinical Psychologist - Departments of Clinical Psychophysiology (Health Psychology) - La Sapienza 1st University of Rome.

1990-1996 Support worker for the mentally and physically disabled of all ages. For a statutory organization: “Cooperative Objective 2000” (Rome).