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Dr. BALU PITCHIAH M.B., B.S, MRCPsych, MBA

GMC: 5207178, CCT – General Adult Psychiatry

CURRENT EMPLOYMENT

August 2013 to date present

Consultant Psychiatrist - General Adult Psychiatry, Assessment and Brief Treatment Team, Kensington & Chelsea, Central and North West London Foundation NHS Trust.

- Consultant Psychiatrist providing medical leadership to a multidisciplinary team responsible for assessment and treatment of patients referred from Primary Care and other agencies into Secondary Care Mental Health Services.
- Supervise Junior Medical Staff including GPVTS and ST4 -6 doctors.
- Contribute to Quality Improvement and patient safety by regular audit of clinical practice.

PREVIOUS EMPLOYMENT

Consultant Psychiatrist - General Adult Psychiatry, Hertfordshire Partnership University NHS Foundation Trust. Crisis Assessment and Treatment Team, Acute Inpatient Service – Watford.
May 2013 to July 2013

- Consultant Psychiatrist responsible for the care of the patients, including those under the Mental Health Act admitted to Essex ward in Watford and the Crisis Assessment and Treatment Team in Watford.
- Lead multi-disciplinary meetings in the Crisis Team and Inpatient Unit.
- Supervise Junior Medical Staff including FY2 and SAS doctors.
- Provide Medical Evidence to Mental Health Review Tribunals.
- Contribute to Quality Improvement and patient safety by regular audit of clinical practice.

Specialty Registrar (ST6) – General Adult Psychiatry, Hertfordshire Partnership University NHS Foundation Trust. *August 2012 to May 2013.*

GMC: 5207178. National Training Number: EAN/052/108/C

Specialist Psychiatrist - Crisis Assessment and Treatment Team, St. Albans & Dacorum.

Specialist Psychiatrist – West Hertfordshire Mental Health Assessment Unit, St. Albans.

Specialist Psychiatrist – Community Eating Disorders Service. - Hitchin and Watford.

- Senior medical member of a multi-disciplinary team offering specialist Mental Health inpatient and Crisis Assessment and treatment services to adult population in West Herts.

- Led multi-disciplinary meetings in a pilot in-patient assessment unit.
- Assessment and management of people referred with eating disorders.
- Offered Interpersonal Psychotherapy under supervision.

Specialty Registrar (ST5) – General Adult Psychiatry, Welwyn Garden City. , Hertfordshire Partnership University NHS Foundation Trust. *April 2012 to July 2012.*

GMC: 5207178. National Training Number: EAN/052/108/C

Specialist Psychiatrist - Community Mental Health Team and Assertive Outreach Team

- Senior medical member of a multi-disciplinary team offering specialist inpatient and community mental health services to adult population in Herts.
- Assist the Lead Clinician in the management of patients with severe enduring mental disorder and complex care needs with difficulty in engaging with the services.
- Working with a specialist Gastroenterologist to develop a service to assess and address the psychological needs of people with functional bowel disorders.

Specialty Registrar (ST5) – Addictions Psychiatry, Hertfordshire Partnership University NHS Foundation Trust and National Problem Gambling Clinic, SOHO, London. *Aug 2011 to March 2012*

GMC: 5207178. National Training Number: EAN/052/108/C

Specialist Psychiatrist – Community Drug and Alcohol Team

- Senior medical member of a multi-disciplinary team offering specialist inpatient and community mental health services to adult population in Herts.
- Assist the Lead Clinician in implementing a change management programme following a change in service provider as a result of a tender.
- Working with a private IT consultancy developing system to improve patient engagement in treatment and application to help people with online gambling addiction.

Specialty Registrar (ST4) – Prof. Fineberg’s Team, Hertfordshire Partnership University NHS Foundation Trust, Welwyn Garden City.

GMC: 5207178. National Training Number: EAN/052/108/C

Specialist Psychiatrist – National OCD Treatment Service (NCG) *Aug 2010 – July 2011*

- Senior medical member of a multi-disciplinary team offering specialist inpatient and community mental health services to adult population in Welwyn.
- Assist the Medical Director in the assessment of complex OCD patients referred to the National OCD treatment service.
- Involved in the review of the Operational Policy of OCD service funded by the National Commissioning group (NCG) and prepare presentations for the bi- annual progress review meeting attended by the commissioner from NCG. Conducted audits to monitor safety of Lithium prescribing and side-effects of Psychotropics.

Specialty Doctor – Addiction Psychiatry/Early Intervention in Psychosis – Central and North West London Foundation NHS Trust *Nov 2009 – July 2010*

Special Projects Executive/Consultant – European Care London *Sep 2009 – Nov 2009*

- Undertook a comprehensive review of long-term care facilities under company management with a view to make recommendations to the Board of Directors.
- The project involved clinical/financial audit, review of operational and financial management policies, procedures and Key Performance Indicators.
- Deliverables included efficiency savings, improving productivity and client safety.
- Set-up operations management systems to stream-line the operations of the group.

SAID BUSINESS SCHOOL, University of Oxford *Oct 2008 – Sep 2009*
MBA - Class of 2008-09

Co- founder, Member - Healthcare Business Network.

- Brought together a group of healthcare managers
- Attended a series of Lectures on Innovation in the NHS – University of Oxford. Consultant – www.twinbro.com

Strategic Business Consultant – Kings College London.

- Advised on licencing of the use TCM based molecule in Neurology.
- Involved in liaison with medicines regulators in the USA and Europe.
- Presented findings to a research group involved in stem-cell research.

PRIORY SECURE SERVICES – STURT HOUSE *Jan 2006 – Sep 2008*
Secure Mental Health Service Provider - Private Healthcare

Specialist Forensic Psychiatrist

- Involved in the establishment and day to day management of a 20 bedded Step- down Low secure facility.
- Risk analysis, formulating risk management strategies, implementation and evaluation.
- Staff training, motivation and team building (leading 30 staff of 8 different nationalities)
- Implementing effective, ethical clinical and business strategies and monitoring with regular clinical audit.

SOUTH WEST YORKSHIRE MENTAL HEALTH NHS TRUST
Oct 2004 – Jan 2006

Staff Psychiatrist – Adult Psychiatry

- Provided specialist Mental Health services for a population of 15000.
 - Medical member of a Multiprofessional team of 20 people.
 - Brought down waiting times from 3 months to on-demand service.
- Reduced referral rates from primary care by over 20 % in 18 months due to early intervention and preventative health strategies.
- Obtained the Membership of the Royal college of Psychiatrists by a competitive exam.

SHEFFIELD CARE TRUST

Feb 2002 – Oct 2004

Senior House officer – Post-Grad Training Job

- Rotating through various sub-specialities.
- Gained experience in dealing with adults and children, psychotherapy and addictions management.
- Provided liaison psychiatry services to Emergency room and general medical and surgical wards.

DONCASTER AND SOUTH HUMBER NHS TRUST *Aug 2001 – Jan 2002*

Senior House officer – Post-Grad Training Job

- Gained experience in Adult Psychiatry
- Consulted over 250 patients.
- Assisted in the expansion of services from two to four clinics a week and helped with the opening of a satellite clinic.

EXPERIENCE IN INDIA

Jan 1999 – April 2001

Internship – Government Stanley Medical College. (Jan 1999 – Jan 2000) 2000 bedded tertiary care centre.

- Medicine, Surgery, OBG, Paediatrics, Plastic surgery.

Special Trainee – Department of Rheumatology – Stanley Medical College Chennai, India – Jan 2000 – May 2001

- Out patient service for up to 100 patients a day.
- Successfully conducted three drug trials and helped the launch of one anti- inflammatory drug in India.

OTHER EXPERIENCE

Representative of British Medical Association – Barnsley General Hospital, Rotherham General Hospital during basic psychiatric training.

Member of Local Negotiating Committee – British medical Association – Priory Secure services.

Co- Chair - Global Health Summit – India - Jan 2010 – Mental Health and Health Information Technology.

Participated as a member of an international delegation advising the Govt. of India on matters relating to federal and state health policy and implementation of preventative healthcare projects and training initiatives.

Audit, Presentations and Publications

Throughout my training in the NHS and work in the Independent sector, I have been involved in various audits leading to improvement in healthcare delivery and patient safety. The projects which had significant impact include Physical health monitoring, recording information on risk, suicide prevention, lithium monitoring and monitoring side effects of anti-psychotic medication.

In addition to clinical case presentations during my training, I have extensive experience of presenting to a wide variety of audience including patient focus groups, healthcare investors and non-medical managers. I have consulted on identifying and realising the “value” in healthcare settings. My current work focuses on using some of the advanced management principles in delivering high quality, safe and cost-effective healthcare.

During my MBA, I was part of a group which designed a system to help young students realise their dreams, particularly with education and career. A part of this system is now being redeveloped to empower people to take control of their health, which would lead to health promotion and prevention of ill-health.

I have had the opportunity to contribute to the presentation on the Management of OCD to the BAP anxiety action group, peer review an article for the International Journal of Psychiatry in Clinical Practice and report on our team’s presentation at the Cheltenham Science festival.

References: Provided on Request

23 DEC 2009

22nd December 2009

Athona Healthcare recruitment
98 High Street
Brentwood
Essex
CM14 4AP

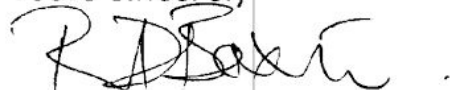
Dear Lisa

Dr P Balu worked for me as an Associate Specialist in the specialty of Forensic Psychiatry from the beginning of 2006 until the 8th September 2008. His job required him to provide basic medical care with some psychiatric expertise and provide guidance to a team of professionals from different backgrounds. He managed his core tasks with ease and to an exceptional standard. He demonstrated a consistently high quality style of communication and adaptability to manage his patient group and work within a team. He was always regarded as a flexible and supportive staff member to other members of the multidisciplinary team and he had a consistently high standard of working relationships with the patient group.

He was reliable and a good time keeper who was able to manage his administrative work with ease and as I recall had minimal time off due to sickness. He accepted advice and support from supervisors in a constructive manner and was widely regarded as a extremely valuable member of the team.

I would have no hesitation in recommending him for similar posts at the current time.

Yours sincerely



Dr R Baxter
Consultant Forensic Psychiatrist

SA

Occupational Health Services - Full Patient Record

Pinderfields Hospitals NHS Trust

Surname	BALU	Date of Birth	22/03/77
Forename	PITCHIAH		
Occupation	STAFF GRADE PHYSIO	Department	FIELDHEAD

Test Date	Test name	Result Date	Result	Comments
20/09/04	BCG	20/09/04	EVIDENT	LEFT ARM
12/06/01	HEPATITIS B TITRE	12/06/01	ANTIBODY SURFACE >1000 IU/L	
10/08/04	RUBELLA TITRE	10/08/04	IMMUNE	

Barts and The London **NHS**

NHS Trust

St. Bartholomew's Hospital, London EC1A 7BE

VIROLOGY

Enquiries: 020 7601 7353/

Fax: 020 7726 4248

Destination: 151 BYRON AVENUE

Name: PITCHIAH, Balu

Hosp No:

Sex: M

DoB: 22-MAR

Consultant/GP: ALAGRAJAH

NHS No:

Lab No: 10881

Final

HEPATITIS B SURFACE ANTIBODY

>1000 iu/L

Good level of protective antibody.

Recommend booster in 5 years time.

Spec. Type: Clotted blood

Report Date: 12-JUN-01

Authorised by: BWD

Sample Date: 29-MAY-01

VIROLOGY

Barnsley District General Hospital NHS Trust
Department Of Microbiology

M

Consultant Microbiologist: Dr M S Osman

Surname : **BALU**
Forename: **PITCHIAH**
Sex: **M**
Unit No.: **OH-3460**

DOB: **22/03/1977**
Clinician: **DR. ,MCDONALD (OHD)**
Location: **Occupational Health Dept**

=====

R32875 Collected: **06/08/2004 UNK** Received: **06/08/2004 09:05**

Clinical Details:

[OHD Screen Screening for Post Rubella Vaccination]

Rubella IgG

Rubella IgG **DETECTED**

=====

BALU, PITCHIAH

UN: OH-3460

NHS No:

Report Date: 10/08/2004

Page:1

END OF REPORT

Clinician's Signature: _____



!!! DO NOT REMOVE FROM NOTES !!!



INVESTOR IN PEOPLE

3 Hardman Street, Manchester, M3 3AW

General Medical Council

GMC status enquiry line: +44 (0)161 923 6602

Regulating doctors
Ensuring good medical practice

GMC status enquiry line - Confirmation of Register entry details

The following details are the latest available from the List of Registered Medical Practitioners.
Please remember that a doctor's status can change at any time.

GMC reference number 5207178

Date of first
Provisional registration:

Date of first
Full registration: 02-July-2003

Date of current
Register entry: 01-August-2013

Doctor's name Balu, Pitchiah

Gender Man

Status Full with specialist registration with a licence to practise; this
doctor is on the Specialist Register

Primary medical qualification MB BS 1998 Dr M G R Medical University

Continued on next page....

GMC reference number **5207178** **Balu, Pitchiah**Continued

Specialist Register entry date:

General psychiatry 01-August-2013

GP Register entry date: This doctor is not on the GP Register

Information for employers:

This doctor may work at any grade in the NHS including consultant. Doctors working in general practice in the UK health service are required to be on the General Practitioner Register. Please refer to the relevant NHS performers lists regulations.

Annual retention fee due date 02-July-2014

The information on this document is only valid at the time it was printed and does not guarantee that this doctor's status on the Register has not changed. You can check this doctor's current status on the Register, and find up to date details of this doctor's eligibility to practise medicine in the UK, on our website or by calling 0161 923 6602 (+44 161 923 6602 from outside the UK). If you require any advice or further information about the contents of this document please contact us by phone during office hours 08:00 to 18:00 Monday to Friday, except public holidays, or by email at registrationhelp@gmc-uk.org. This document is not proof of identity.

The General Medical Council (GMC) introduced the licence to practise on 16 November 2009. From this date all doctors who want to practise medicine in the UK must hold both registration and a licence to practise. For more information about how this important change in UK medical regulation affects doctors and their employers please visit our website www.gmc-uk.org.



British Nationality Act 1981

Certificate of naturalisation

as a

BRITISH CITIZEN

The Secretary of State, in exercise of the powers conferred by the British Nationality Act 1981, hereby grants this certificate of naturalisation to the person named below, who shall be a

BRITISH CITIZEN

from the date of this certificate

Full name *PITCHIAH* BALU

Name at birth if different

Date of birth 22 MARCH 1977

Place and country of birth RADHAPURAM, INDIA

Issued on the direction of the Secretary of State
HOME OFFICE LONDON

Certificate No. 6092944

Date 19th November 2009

Reference No. P2077809

Section 6(1)

BRITISH CITIZEN

This certificate does not certify the accuracy of the personal particulars, which are those supplied by the person who made the application.

Any unauthorised alteration may render this certificate invalid.

C 745427

पंजीकरण

विदेशों में खरे खारे भारतीय नागरिकों को सलाह दी जाती है कि वे निम्नलिखित भारतीय मिशन/केंद्र में अपना पंजीकरण करवाएं।

चेन्नई

यह पासपोर्ट भारत सरकार की सम्पत्ति है। इस पासपोर्ट के बारे में किसी पासपोर्ट अधिकारी से इसके बावजूद कोई भी बातचीत नहीं होनी चाहिए। इसके पासपोर्ट लौटाने की मांग भी शामिल है।

यह पासपोर्ट एक भारतीय नागरिक की सेवा में बाहर न देना चाहिए। यह पासपोर्ट भारत या उसके द्वारा प्रभावित व्यक्ति के कब्जे में ही होना चाहिए। इसमें किसी भी प्रकार का फेरबदल या विकृति नहीं की जानी चाहिए।

पासपोर्ट गुप्त हो जाने, चोरी हो जाने अथवा नष्ट हो जाने पर उसकी सूचना भारत में सबसे निम्नलिखित अधिकारी को देना चाहिए: भारतीय मिशन/केंद्र, भारत के स्थानीय पुलिस को तत्काल ही जाना चाहिए। निम्नलिखित पृष्ठों के बारे में सुनिश्चित करें कि पासपोर्ट जारी किया जाएगा।

REGISTRATION

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पिता / कानूनी अभिभावक का नाम / Name of Father / Legal Guardian

PITCHIAH SUDALAIYANDI

माता का नाम / Name of Mother

PARVATHI PITCHIAH

पति या पत्नी का नाम / Name of Spouse

पता / Address

31-D TB ROAD

VALLI00R 627 117

TAMILNADU

पुराने पासपोर्ट का नं. और इसके जारी होने की तिथि एवं स्थान / Old Passport No. with Date and Place of Issue

B0453540 31/07/1999 CHENNAI

फाइल नं. / File No.

GBRLP0029309